

Body Talk

COPPERKNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Easy Intermediate
編舞者: Ria Vos (NL) - January 2018
音樂: Listen - Nico & Vinz : (Album: Elephant In The Room)



Intro: 8 Counts (± 5 sec)

Crossing Samba R, Crossing Samba L, Cross & Heel & Touch & Heel

1&2 Cross R Over L, Rock L to L Side, Recover on R
3&4 Cross L Over R, Rock R to R Side, Recover on L
5&6 Cross R Over L, Step L to L Side, Dig R Heel to R Diagonal
&7 Step R Next to L, Touch L Next to R
&8 Step R Slightly Back, Dig R Heel to R Diagonal

(&) Cross, Point, ¼ R Monterey, Point, & Big Step Fwd, Rock Fwd, Triple Full Turn L

&1 Step R Next to L, Cross L Over R
2&3 Point R to R Side, ¼ Turn R Stepping R Next to L, Point L to L Side
&4 Step L Next to R, Step R Big Step Fwd
5-6 Rock Fwd on L, Recover on R
7&8 Triple Full Turn L Stepping L-R-L ***Restart Point

(option count 7&8: L Coaster Step)

Heel Grind, & Crossing Shuffle, ¼ R, ½ R, Sweep Behind-Side-Cross

1-2& Dig R Heel Across L, Turn on R Heel Toes to R Stepping L to L Side, Step R Next to L
3&4 Cross L Over R, Step R to R Side, Cross L Over R
5-6 ¼ Turn R Step Fwd on R, ½ Turn R Step Back on L
7&8 Sweep and Step R Behind L, Step L to L Side, Cross R Over L

(Diagonal) Side, Rock Back, (Diagonal) Side, Rock Back, Sway L-R, ¼ L, Step ½ Pivot L

1-2& Step L to L Side slightly Fwd to L Diagonal, Rock Back on R, Recover on L
3-4& Step R to R Side Slightly Fwd to R Diagonal, Rock Back on L, Recover on R
5-6 Step and Sway L to L Side, Sway R
7&8 ¼ Turn L Step Fwd on L, Step Fwd on R, Pivot ½ Turn L

Restart: On wall 4 After count 16 (12:00)

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