

My Everything

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 2 級數: Improver / Intermediate
編舞者: Judy Rodgers (USA) - January 2018
音樂: You're the First, the Last, My Everything - Barry White



#16 count intro

S1: Scissor step, hold (X2)

1-4 Step R to right side, step L beside R, cross R over L, hold
5-8 Step L to left side, step R beside L, cross L over R, hold

S2: Side, behind, turn 1/4 R, hold, step, turn 1/2 R, step, hold

1-4 Step R to right side, step L behind R, turn 1/4 right step R fwd, hold 3:00
5-8 Step L fwd, turn R 1/2 right step R fwd, step L fwd, hold 9:00

S3: Rock, recover, back, hold, back, touch, back, touch

1-4 Rock R fwd, recover L, step R back, hold
5-8 Step L back, touch R beside L, step R back, touch L beside R

S4: Turn 1/4 L, turn 1/2 L, turn 1/4 L, touch, step, drag, rock back, recover

1-4 Turn 1/4 left step L fwd, turn 1/2 left step R back, turn 1/4 left step L fwd, touch R beside L
 9:00
5-8 Step R big step right, drag L to R, rock L behind R, recover R

S5: Rumba box fwd

1-4 Step L to left side, step R beside L, step L fwd, hold
5-8 Step R to right side, step L beside R, step R back, hold

S6: Rock, recover, turn 1/2 R, hold, coaster step, hold

1-4 Rock L back, recover R, turn 1/2 right step L back, hold 3:00
5-8 Step R back, step L beside R, step R fwd, hold

S7: Cross, rock, side, hold, cross, rock, turn 1/4 R, hold

1-4 Cross rock L over R, recover R, step L to left side, hold
5-8 Cross rock R over L, recover L, turn 1/4 right step R fwd, hold 6:00

S8: Turn 1/2 R, hold, turn 1/2 R, hold, rock, recover, back, touch

1-4 Turn 1/2 right step L back, hold, turn 1/2 right step R fwd, hold
5-8 Rock L fwd, recover R, step L back, touch R

TAG: End of Wall 2 and Wall 4 (both facing 12:00) - dance the following 8 counts....

K-Step

1-4 Step R fwd to right diagonal, touch L beside R, step L back to center, touch R beside L
5-8 Step R back to right diagonal, touch L beside R, step L back to center, touch R

Contact: jrdancing@bellsouth.net