Alright Already



拍數: 32 牆數: 4 級數: Easy Beginner

編舞者: Yvonne Krause (USA) - January 2018

音樂: Alright Already - Larry Stewart



[1-8] HEEL & HEEL & WALK WALK, REPEAT

1&2& Right heel forward, step right beside left, left heel forward, step left beside right.

3-4 Walk forward right, left.

Right heel forward, step right beside left, left heel forward, step left beside right.

7-8 Walk forward right, left.

[9-16] TWO 1/4 MONTEREY TURNS

1-2 Point right to right side, on ball of left foot make ¼ turn right, stepping right next to left.

3-4 Point left to left side, step left next to right.

5-6 Point right to right side, on ball of left foot make ¼ turn right, stepping right next to left.

7-8 Point left to left side, step left next to right. (6:00)

[17-24] THREE STEP JAZZ BOX TWICE, CROSSING SHUFFLE

1-3 Cross right over left, step back on left, step to the side with right.
4-6 Cross left over right, step back on right, step to the side with left.
7&8 Cross right over left, step left to left side, cross right over left.

[17-24] SHUFFLE 1/4 TURN LEFT, ROCKING CHAIR, KICK BALL CHANGE

1&2 Shuffle left ¼ turn stepping left, right, left. (3:00)

3-6 Rock forward on right, rock back on left, rock back on right, rock forward on left.

7&8 Kick right foot forward, step right beside left, step onto left in place.

May You Always Dance Like No One Is Watching

Contact: ykrause@yahoo.com