

Lonely Lady

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Easy Beginner
編舞者: Yvonne Krause (USA) - January 2018
音樂: Lonely Lady - Bouke



[1-8] SIDE ROCK, SHUFFLE FORWARD, SIDE ROCK, SHUFFLE FORWARD

1-2 Rock right to right side, recover onto left.
3&4 Shuffle forward stepping right, left, right.
5-6 Rock left to left side, recover onto right.
7&8 Shuffle forward stepping left, right, left.

[9-16] ROCK RECOVER, STEP BACK, SWEEP FRONT TO BACK, BEHIND SIDE CROSS, POINT

1-2 Rock forward on right, recover onto left.
3-4 Step back on right and sweep left foot front to back.
5-6 Left foot behind right, step right to right side.
7-8 Cross left over right, point right foot to right side.

[17-24] STEP ¼ TURN RIGHT, POINT LEFT, STEP FORWARD, POINT JAZZ BOX W/CROSS

1-2 As you step into a ¼ turn right point left foot to left side. (3:00)
3-4 Step forward left and point right foot to right side.
5-8 Cross right over left, step back on left, step right to right side, cross left over right.

[25-32] SIDE TOGETHER, SHUFFLE BACK, SIDE TOGETHER, STEP FORWARD, HOLD

1-2 Step right to right side, step left next to right.
3&4 Shuffle back stepping right, left, right.
5-6 Step left to left side, step right next to left.
7-8 Step forward on left and hold.

May You Always Dance Like No One Is Watching

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