

City Lights in Memphis

COPPER **NOB**
STEPSHEETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Donnie Allen (USA) - January 2018
音樂: Messed Up In Memphis - Darryl Worley



#32 Count Intro, or start on lyrics
Restart on wall 4 after 16 counts

STEP TOUCH, STEP TOUCH, SIDE-TOGETHER-SIDE-TOUCH – REPEAT

1&2& Step R side right, Touch L next to R, Step L side left, Touch R next to L
3&4& Step R side right, Step L next to R, Step R side right, Touch L next to R
5&6& Step L side left, Touch R next to left, Step R side right, Touch L next to R
7&8& Step L side left, Step R next to L, Step L side left, Touch R next to L

R SHUFFLE FORWARD, L CROSS MAMBO, R CROSS MAMBO, L SHUFFLE FORWARD

1&2 Step forward R, Step L next to R, Step R forward
3&4 Cross rock L over R, Replace weight R, Step side L
5&6 Cross rock R over L, Replace weight L, Step side R
7&8 Step forward L, Step R next to L, Step L forward

Restart wall 4

1/2 CHASE TURN L, L FORWARD RUMBA BOX, R BACK RUMBA BOX, L COASTER CROSS

1&2 Step forward R, Pivot 1/2 turn L, Step R forward
3&4 Step side L, Step R next to L, Step forward L
5&6 Step side R, Step L next to R, Step back R
7&8 Step L back, Step R next to L, Step L over R

R SCISSOR CROSS, L SCISSOR CROSS, R 1/4 TURN LOCK STEP, L MAMBO FORWARD

1&2 Step R to side, Slide L over next to R, Step R across L
3&4 Step L to side, Slide R over next to L, Step L across R
5&6 1/4 turn to R, Step R lock L behind R, Step forward R
7&8 Step L forward, Recover R, Step L beside R

Hope you enjoy !!

Donnie

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