

# Life Changes

拍數: 32      牆數: 4      級數: Improver  
編舞者: Heather Barton (SCO) & Suzi Beau (ENG) - December 2017  
音樂: Life Changes - Thomas Rhett



Restart on wall 3 & 6 after 16 counts

## SECTION 1 : STEP KICK COASTER STEP, RIGHT LOCK STEP, STEP ¼ CROSS

1,2            Step fwd on R, Kick L fwd  
3&4            Step back on L, close R, Step fwd L  
5&6            Step R fwd, Lock L behind R, step R fwd  
7&8            Step fwd on L, pivot ¼ R taking weight onto R, Cross L over R

## SECTION 2: HINGE ½ TURN L, CROSS SHUFFLE, SIDE ROCK , WEAVE, STOMP

1,2            Turn ¼ L stepping back on R, Turn ¼ L stepping L to L side  
3&4            Cross R over L, Step L to L side, Cross R over L  
5&6&          Rock L to L side, Recover R, Cross R over L, Step R to R side  
7&8            Step L behind R, Step, R to R side, Stomp L beside R

Restart here wall 3 and 6

## SECTION 3: VINE ¼ R, STEP PIVOT ½ . ¼ SIDE, BEHIND, ¼ L, FWD, MAMBO

1&2            Step R to R side, Step L behind R, Turn ¼ R stepping fwd R  
3&4            Step fwd L, Pivot, ½ R, taking weight on R, Turn ¼ R stepping L to L side  
5&6            Step R behind, L, Turn ¼ L Stepping fwd L, Step fwd R  
7&8            Rock forward on L, recover R, Step back L

## SECTION 4: BACK LOCK STEP, SAILOR ¼, HEEL SWITCH X4 MAKING ½ TURN L

1&2            Step back on R, Lock L over R, Step back R  
3&4            Turn ¼ L stepping back L, Step R to R side, Step L to L side  
5&6&          Making ¼ turn L Dig R heel fwd, replace, Dig L heel fwd, replace  
7&8&          Making ¼ turn L Dig R heel fwd, replace, Dig L heel fwd, replace