

Ruyi CNY

COPPER KNOB
STEPSHEETS

拍數: 128 牆數: 1 級數: Phrased High Beginner
編舞者: Mayee Lee (MY) & Jenny Wong (MY) - December 2017
音樂: Wan Shi Ru Yi (万事如意) - M-Girls (四个女生)



Intro: Start after 32 counts or start at 0.15 seconds

Sequence of dance : ABC ABC ABC ABC

Part A (64 counts)

Section A1 : K Steps

1 – 4 Step R to diagonal R(1), touch L beside R(2), step L to diagonal L(2), touch R beside L(4)
5 – 8 Step R back to diagonally R(5), touch L beside R(6), step L back to diagonally L(7), touch R beside L(8)

Section A2 :R Side, L Together, R Side, Hold, Touch L Behind, Hold 3 counts

1 – 4 Step R to R(1), step L beside R(2), step R to R(3), hold(4)
5 – 8 Touch L behind R & bend R knee(5), hold 2 counts(6-8)

Section A3 :Touch L, Step L Down, Cross R, Hold (x2)

1 - 4 Touch L to L(1), step L down(2), cross R over L(3), hold(4)
5 - 8 Touch L to L(5), step L down(6), cross R over L(7), hold(8)

Section A4 : Rolling Vine To R, Hold x3

&1 – 4 Recover on L(&), touch R to R(1), hold(2), ¼ turn R step forward(3)(3.00),
½ turn R step L back (4)(9.00)
5 – 8 ¼ turn R step R to R(5), hold(6-8)

Section A5 : L Side Together Side Touch, R Side Together Side Touch

1 – 4 Step L to L(1), step R beside L(2), step L to L(3), touch R beside L(4)
5 – 8 Step R to R(5), step L beside R(6), step R to R(7), touch L beside R(8)

Section A6 : L Forward, Hold, Pivot ½ Turn R, Hold, L Forward, Hold, Pivot ½ Turn R & Weight On L, Hold

1 – 4 Step L forward(1), hold(2), pivot ½ turn R step R forward(3)(6.00), hold(4)
5 – 6 Step L forward(5), hold(6), pivot ½ turn R & weight on L(7)(12.00), hold(8)

Section A7 : R Side, Cross L, R Side, Touch L, Together, Cross R, Hold, Unwind Full Turn L

1 – 4 Step R to R(1), cross L over R(2), step R to R(3), touch L to diagonal L(4)
&5 – 8 Step L beside R(&), cross R over L(5), hold(6), unwind full turn L(7-8)

Section A8 : Paddle Full Turn L

1 – 4 ¼ turn L touch R to R(1)(9.00), hold(2), ¼ turn L touch R to R(3)(6.00), hold(4)
5 – 8 ¼ turn L touch R to R(5)(3.00), hold(6), ¼ turn L touch R to R(7)(12.00), hold(8)

Part B (32 counts)

Section B1 : Cross R, L Back, R Side Shuffle

1 – 4 Cross R over L(1), hold(2), step L back(3), hold(4)
5 – 8 Step R to R(5), step L beside R(6), step R to R(7), hold(8)

Section B2 : L Cuban Break, R Cuban Break,

1 – 4 Cross L over R(1), recover on R(2), step L to L(3), hold(4)
5 – 8 Cross R over L(5), recover on L(6), step R to R(7), hold(8)

Section B3 : L Side, Together, L Side, Touch R, Twist on Spot Twice

1 – 4 Step L to L(1), step R beside L(2), step L to L(3), touch R beside L(4)

5 – 8 Twist & both heels to R(5), both heels back to center(6), both heels to R(7), both heels back to center(8)

Section B4 : R Forward Mambo, L Back Mambo

1 – 4 Step R forward(1), recover on L(2), step R back(3), hold(4),

5 - 8 Step L back(5), recover on R(6), step L forward(8), hold(8)

Part C (32 counts)

Section C1 : R Side, Hold, Touch L Behind, Hold, L Side, Hold, Touch R Behind, Hold

1 – 4 Step R to R(1), hold(2), touch L behind R(3), hold(4)

5 – 8 Step L to L(5), hold(6), touch R behind L(7), hold(8)

Section C2 : Full Turn R Step Lock Step, Hold

1 – 4 ¼ turn R step R forward(1)(3.00), step L on ball behind R(2), ¼ turn R step R forward(3)(6.00), step L on ball behind R(4)

5 – 8 ¼ turn R step R forward(5)(9.00), step L on ball behind R(6), ¼ turn R step R forward(7)(12.00), hold(8)

Section C3 : Vaudeville To R, Vaudeville To L

1 – 4 Cross L over R(1), step R to R(2), touch L toe to diagonal L(3), step L beside R(4)

5 – 8 Cross R over L step L to L(6), touch R toe to diagonally R(7), step R beside L(8)

Section C4 : Full Turn L Step Lock Step, Hold

1 – 4 ¼ turn L step L forward(1)(9.00), step R on ball behind L(2), ¼ turn L step L forward(3)(6.00), step R on ball behind L(4)

5 – 8 ¼ turn L step L forward(5)(3.00), step R on ball behind L(6), ¼ turn L step L forward(7)(12.00), hold(8)

Hand Movement : Please refer to our tutorial and demo videos on youtube !

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