

I Got This

拍數: 32 牆數: 4 級數: Novice
編舞者: Jp Barrois (FR) - December 2017
音樂: I Got This - George Canyon



[1-8] L Side touch, Step ¼ L, R Kick ball change, R Step Turn ¼ to L, R Cross Shuffle

1-2 Touch L to L side - Step L ¼ to L (9:00)
3&4 Kick R - Step R next to L - Step L forward (9:00)
5-6 R Step Turn ¼ to L (6:00)
7&8 Cross R over L - L step to L - Cross R over L (6:00)

[9-16] L Step turn ¼ R, L Shuffle Forward, R Step turn 1/2 L, R Kick ball cross

1-2 Step L to L side - turn ¼ to R (weight on R) (9:00)
3&4 Step L forward - Step R together - Step L forward (9:00)
5-6 Step R forward - turn ½ to L (weight on L) (3:00)
7&8 Kick R - Step R next to L - Cross L over R (3:00)

TAG on 7th wall: Sway to R – Sway to the L

[17-24] R Side, L together, R shuffle ¼ R, L Mambo, L touch back and turn ½ L, Step R forward

1-2 Step R to R side - Step L next to R (3:00)
3&4 Step R to R side - Step L next to R - ¼ turn R stepping R forward (6:00)
5&6 Rock L forward - recover on R - touch left back (6:00)
7-8 Turn ½ to L (weight on L) - Step R forward (12:00)

[25-32] Step L forward, Step R forward, L Step lock step, R Step turn ¼ cross, turn ¼ x 2

1-2 Step L forward - Step R forward (12:00)
3&4 Step L forward - Step R behind L - Step L forward (12:00)
5&6 R Step forward - turn ¼ to L (weight on L) - Cross R over L (9:00)
7-8 Left Step back ¼ to right, step right ¼ to right (3:00)

End on count 29 Step R forward when the music stops.

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Last Update - 30th April 2018