

Step This Way

拍數: 80 牆數: 2 級數: Improver
編舞者: Papa Phatal - November 2017
音樂: This Way - Chris Brown



Intro: 16 Count

S1: STEP AND LIFT AND LEFT FULL TURN

1&2 Right Step and Lift
3&4 Left Step and Lift
5-6 Right Foot Cross and Step
7&8 Full Left Turn

S2: STEP AND LIFT AND RIGHT FULL TURN

1&2 Left Step and Lift
3&4 Right Step and Lift
5-6 Left Foot Cross and Step
7&8 Full Right Turn

S3: RIGHT ROCK EASY WITH ½ TURNS WITH TRIPPLE STEPS BACK

1-2 Right Back Rock Easy ½ Turn
3-4 Right Back Rock Easy ½ Turn
5&6 Right Tripple Step Back
7&8 Left Tripple Step Back

S4: RIGHT PIVOTS ½ TURN LEFT WITH TRIPPLE STEPS FORWARD

1-2 Right Pivot ½ Left
3-4 Right Pivot ½ Left
5&6 Right Tripple Step Forward
7&8 Left Tripple Step Forward

S5: RIGHT STEP TOGETHER AND SAILOR STEP

1-2-3-4 Right Step Together and Right Step Together
5&6 Right Sailor Step
7&8 Left Sailor Step

S6: RIGHT AND LEFT STEP PIMP WALK AND SAILOR STEP

1-2-3-4 Right/Left Step Pimp Walk and Right/Left Step Pimp Walk
5&6 Right Sailor Step
7&8 Left Sailor Step

S7+S8: BOUNCE AND TRAVEL LEFT AND RIGHT AND ALTERNATING KICK OR TAP

1&2&3&4 Bounce and Travel Right Step Lead Move Left
5-6-7-8 Right/Left Kick or Tap Moving Back

1&2&3&4 Bounce and Travel Left Step Lead Move Right
5-6-7-8 Left/Right Kick or Tap Moving Forward

S9+S10: SAILOR STEPS WITH ¼ TURN AND BOP WALK FORWARD

1&2 Right Sailor Step
3&4 Left Sailor Step with ¼ Turn Left
5-6-7-8 Right Foot Lead & Walk and Bop Forward 4-Counts

1&2 Right Sailor Step
3&4 Left Sailor Step with $\frac{1}{4}$ Turn Left
5-6-7-8 Right Foot Lead & Walk and Bop Forward 4-Counts

(Start Back At Top of Dance)

Contact: Papaphatal@gmail.com
