

# Gangsta's Paradise

COPPER KNOB  
STEPPERS

拍數: 32      牆數: 4      級數: Improver  
編舞者: Aurélie CHACHOUA (FR) & Steffie ROBERT (FR) - December 2017  
音樂: Gangsta's Paradise - Coolio : (4:01)



Intro : 16 comptes – quand les paroles commencement

## [1-8] R STEP FW, L STEP, R. STEP, MAMBO G, STEP D, STEP G, MAMBO D, L STEP

1-2&      Step R Forward, Step L next to R, Step R in place  
3&4      Rock L to L Side (option : press L for styling), Recover on R, Step L forward  
5&      Step R next to L, Step L in place  
6&7      Rock R to R side (option : press R for styling), Recover on L, Step R forward  
8      Step L next to R (slightly forward)

## [9-16] R SHUFFLE BW, L SHUFFLE BW, COASTER STEP, OUT, OUT

1&2-3&4      R triple Step Backward (R, L, R), L Triple Step backward (L, R, L)  
5&6      R Coaster Step  
7      Step L to L Side "OUT" rolling L knee outward and with a small hip bump  
8      Step R to R Side "OUT" rolling L knee outward and with a small hip bump

## [17-24] HIP BUMPS, R SAILOR STEP WITH A 1/4 TURN R, L KICK BALL STEP

1-4      Hip Bump to the L x2, Hip Bump to the R, Hip bump to the L  
(For counts 1 to 4, free styling to fit with the music)  
5&6      R Sailor Step with a ¼ turn R 3:00  
7&8      L Kick Ball Step (= Kick L forward, Step ball of L next to R, Step R forward)

## [25-32] STEP, ½ TURN R, STEP, R & L CROSS MAMBO, SWAYED ROCK STEP

1&2      Step L forward, ½ turn R (weight on R), Step L forward (\* change on last wall) 9:00  
3&4      R Cross Mambo (= Rock R to R side, Recover on L, Cross D devant PG) 3:00  
5&6      Cross Mambo G (= Rock Step G à G, Revenir PdC sur PD, Cross G devant PD)  
7      Step D en arrière en balançant le corps vers l'arrière  
8      Revenir PdC sur PG en balançant le corps vers l'avant. (\*\* change on 3rd wall)

**TAG/REPEAT – at the end of 2nd wall, repeat the last 16 counts.**

**Attention : before the tag/repeat, the last count of the 3rd wall change.**

**\*\* Transform count 8 with counts &8 : (&) Recover weight on L dragging R toward L, (8) Step R to R side "out"  
Then repeat counts 17 to 32 (Hip bumps)**

**\* FIN – When the beat of the music stop, you have 16 counts left to do. Keep dancing until the end changing only count 26 (STEP L forward). Instead, you do a ½ tour à R stepping on L backward. The dance will finish at 12:00**

**REPEAT**

**Convention :**

**R = Right :: L = Left**

**Fwd = forward :: Bwd = Backward**

**Contact : iamsteffie3@yahoo.fr - <http://iamsteffie3.wixsite.com/steffie-linedance>**

**Last Update - 20th Dec. 2017**