

Rolling Into 2018

COPPER KNOB
STEPSHETS

拍數: 32 牆數: 4 級數: Absolute Beginner
編舞者: Pat Newell (USA) - December 2017
音樂: Let It Roll, Let It Ride - The Notorious Cherry Bombs



#32 in count

Beginner Starter Series

Learning: Vines, Walk forward/back, coaster step, step scuffs, jazz box, rocking chair, option of ½ pivots.

VINE RIGHT, VINE LEFT

1-4 Step R to R, L behind R, R to R, touch L next to R

5-8 Step L to L, R behind L, L to L, touch R next to L

WALK FWD, BACK WITH COASTER STEP

1-4 Walk forward R, L, R, kick L

5-6-7&8 Walk back L, R, step back on L, step R together, step L forward

STEP SCUFF, STEP SCUFF, JAZZ BOX ¼ RIGHT

1-4 Step forward on R, scuff L, step on L, scuff R

5-8 Step R over L, step back on L, step/turn ¼ R on R, step fwd on L 3:00

STEP SCUFF, STEP SCUFF, ROCKING CHAIR * 2 ½ PIVOTS LEFT OPTION

1-4 Step forward on R, scuff L, step on L, scuff R

5-8 Rock forward R, recov on L, rock back on R, recov on L 3:00

* option last 4 counts: instead of rocking chair, step forward on R, ½ pivot L, step forward on R, ½ pivot left, facing 3:00 wall

Smile and dance for the health of it.

Dec 2017
