

Breathe Easy

拍數: 16

牆數: 4

級數: Intermediate - Smooth Rolling 8
Count



編舞者: Raymond Sarlemijn (NL) - December 2017

音樂: Breathe Easy - Blue

Rf right. Lf left, sailor step, tripple step, behind side sweep, behind side forward, side rock, ¾ turn right

1 RF diagonal right
2 LF left
& RF behind LF
a LF close RF
3 RF right
4 LF behind RF
& RF step on spot
a LF left
5 RF behind LF while doing this sweep Lf
6 Lf behind RF
& RF right
a LF cross forward RF
7 RF rock right
8 ¼ right right, LF back
& ½ turn right, RF forward
a ½ turn right, LF back

Behind side forward, recover, sailor step forward, ¾ turn, tripple step, sweep, jazz box

1 RF sweep RF
2 RF back LF
& ¼ left, LF forward
a RF forward
3 sweep RF back
4 RF back LF
& LF close RF
a RF forward
5 LF forward
6 ½ turn right, RF forward
& ½ turn right LF back
a ¼ turn right, RF step forward
7 LF sweep forward
8 LF cross forward RF
& Weight on Rf
a LF. Left

Start again