

# Mama's Boy (P)

COPPERKNOB  
STEPSHEETS

拍數: 32      牆數: 0      級數: Easy Intermediate Partner / Circle  
編舞者: Michael Schmidt (DE) - July 2017  
音樂: If You Want a Mother - Gretchen Wilson : (3:33)



Alternative: How I'll Always Be - Tim McGraw [93/186 bpm] (03:34) ()

Info: Start dancing on lyrics. Start in Promenade Position holding inside Hands. Both facing LOD.  
Opposite footwork unless otherwise stated.

## [1-8] Heel, Toe, Shuffle, Heel & Heel & Shuffle

1-2            M: Touch Right Heel forward, Touch Right Toe back  
1-2            L: Touch Left Heel forward, Touch Left Toe back  
3&4           M: Step Right forward, Step Left together, Step Right forward  
3&4           L: Step Left forward, Step Right together, Step Left forward  
5&6&        M: Touch Left Heel forward, Step Left together, Touch Right Heel forward, Step Right together  
5&6&        L: Touch Right Heel forward, Step Right together, Touch Left Heel forward, Step Left together  
7&8           M: Step Left forward, Step Right together, Step Left forward  
7&8           L: Step Right forward, Step Left together, Step Right forward

## [9-16] Full Turn, Shuffle, Rock Recover 1/4 Turn, Step Turn Step

1-2            M: ½ Turn left stepping back Right, ½ Turn left stepping Left forward  
1-2            L: ½ Turn right stepping back Left, ½ Turn right stepping Right forward  
3&4           M: Step Right forward, Step Left together, Step Right forward  
3&4           L: Step Left forward, Step Right together, Step Left forward  
5&6           M: Rock Left forward, Recover onto Right, ¼ Turn left stepping Left side (ILOD)  
5&6           L: Rock Right forward, Recover onto Left, ¼ Turn right stepping Right side (OLOD)  
7&8           M: Step Right forward, ½ Turn left, Step Right forward (OLOD)  
7&8           L: Step Left forward, ½ Turn right, Step Left forward (ILOD)

release hands on count 1 & rejoin on 3, release hands on count 5 & rejoin into Double Hand Hold Pos on count 8

## [17-24] Side Touches, Side-Together-Side-Touch, Side Touches, Side-Together-Side

1&2&        M: Step Left side, Touch Right beside Left, Step Right side, Touch Left beside Right  
1&2&        L: Step Right side, Touch Left beside Right, Step Left side, Touch Right beside Left  
3&4&        M: Step Left side, Step Right together, Step Left side, Touch Right beside Left  
3&4&        L: Step Right side, Step Left together, Step Right side, Touch Left beside Right  
5&6&        M: Step Right side, Touch Left beside Right, Step Left side, Touch Right beside Left  
5&6&        L: Step Left side, Touch Right beside Left, Step Right side, Touch Left beside Right  
7&8        M: Step Right side, Step Left together, Step Right side  
7&8        L: Step Left side, Step Right together, Step Left side

## [25-32] Sailor 1/4 Turn, Shuffle, Walk Walk (L: Full Turn), Shuffle

1&2            M: Cross Left behind Right, Turn ¼ left stepping Right in place, Step Left forward (LOD)  
1&2            L: Cross Right behind Left, Turn ¼ right stepping Left in place, Step Right forward (LOD)  
3&4           M: Step Right forward, Step Left together, Step Right forward  
3&4           L: Step Left forward, Step Right together, Step Left forward  
5-6           M: Walk forward Left & Right  
5-6           L: ½ Turn left stepping back Right, ½ Turn left stepping Left forward  
7&8           M: Step Left forward, Step Right together, Step Left forward

7&8            L: Step Right forward, Step Left together, Step Right forward  
release front hands on count 1, on count 5 raise arms over Ladies head

.... hold your girl, smile & have fun

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