

I'm So Excited

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 4 級數: Improver
編舞者: Sonja Hemmes (USA) - December 2017
音樂: I'm So Excited - The Pointer Sisters : (Album: The Best of the Pointer Sisters)



S1: TOE STRUT JAZZ BOX

1-4 Touch right toe forward, drop right heel, touch left toe back, drop left heel
5-8 Touch right toe to the right, drop right heel, touch left toe next to right, drop left heel

S2: HEEL SWIVELS RIGHT, HOLD, HEEL SWIVELS LEFT, HOLD

1-4 Swivel both feet right (heel, toe, heel) hold, waving both hands in the air
5-8 Swivel both feet left (heel, toe, heel) hold, waving both hands in the air

S3: RIGHT TOE HEEL STOMP, HOLD, LEFT TOE HEEL STOMP, HOLD

1-4 Touch right toe next to left, touch right heel next to left, stomp right next to left, hold
5-8 Touch left toe next to right, touch left heel next to right, stomp left next to right, hold

S4: RIGHT ROCKING STEP 1/8 LEFT, BRUSH, LEFT ROCKING STEP 1/8 RIGHT, HOLD

1-2 Rock forward on right in front of left turning 1/8 left, rock back on left
3-4 Rock forward on right in front of left, brush left forward
5-6 Rock forward on left in front of right turning 1/8 right, rock back on right
7-8 Rock forward on left in front of right, hold

S5: ROCK BACK, ROCK BACK, STEP FORWARD, HEEL SPLITS

1-4 Rock right back, rock forward on left, rock right back, rock forward on left
5-8 Step forward right, left, split both heels apart, bring both heels together

S6: LOCK STEP FORWARD, HOLD, STEP FORWARD, TURN 1/2 RIGHT, STEP LEFT, HOLD

1-4 Step forward on right, step left behind right, step right forward, hold
5-8 Step forward on left, turn 1/2 to the right and step on right, step left forward, hold

S7: HEEL STRUTS FORWARD

1-4 Step right heel forward, drop right toe, step left heel forward, drop left toe
5-8 Step right heel forward, drop right toe, step left heel forward, drop left toe

S8: PIVOT 1/8 LEFT, PIVOT 1/8 LEFT, ROCK FORWARD, ROCK RIGHT

1-4 Step forward on right, pivot 1/8 left, step forward on right, pivot 1/8 left
5-8 Rock right forward, step on left, rock right to the right side, step on left

**2 RESTARTS:

First restart in the 2nd rotation after 48 counts you will be facing the 9 o'clock wall.

Second restart in the 7th rotation after 48 counts you will be facing the 3 o'clock wall.