

O' Carole

拍數: 32 牆數: 4 級數: Beginner +
編舞者: Christiane FAVILLIER (FR) - December 2017
音樂: O Carole - Johnny Hallyday : (Album: 50 Years)



(Written choreography in honor of our Jojo National .. and at the request of my students the Marena's Dancers 66 of Banyuls sur Mer ... and for my personal pleasure in thanks of this half century passed to the sound of rock, blues and various musical trends proposed by Johnny and rocked my adolescence and my whole life ...)

#16 Temps musical intro

[1 to 8] - HEEL, HOOK, HEEL TOGETHER (TWICE)

1 2 3 4 Put heel R in front, bring the right leg crossed in front of the left leg, put heel R in front, bring back RF near the LF
5 6 7 8 Put heel L in front, bring leg L crossed in front of leg R, put heel L in front, bring back LF near the RF

[9 to 16] - SWIVELS R, L, R & CENTER, TOE STRUT BACK X 2 (LEVEL ARMS & CLICKS)

1 2 3 4 Move the two heels together to R, then to L, then to R and bring them back to the center
5 6 7 8 Put the tip of the RF behind (5) put the heel R (6), put the heel L behind (7) put the heel L on the ground (8)

[17 to 24] - POINT SIDE R, TOGETHER, ¼ TURN PIVOT L & POINT R, STEP IN PLACE, TWIST

1 2 Pointer RF on the right, bring back RF near the LF
3 4 Rotate 1/4 of a turn to L (9H) while pointing to the right RF (3) place the RF on the ground (4)
5 6 7 8 Twist with both heels at the same time starting at R, then L, then at R return to the center. (evolve up and down: twist year 60)

[25 to 32] - WALKS R, HOLD, L, HOLD - WALK X2 - BOUNCES & PIVOTS IN PLACE WITH R HALF TURN

1 2 3 4 R step forward, HOLD, L Step forward, HOLD
5 6 RF run, LF run
7 8 Rotate on the spot by bouncing (raise heels to rest them) while turning on ½ turn to the right (3H) (weight on the LF)

TAGS 16 times each time (raise your arms in the air during these 16 beats) to do
end of 4°, 5°, 9°, 10°, 11° walls -

[1 to 8] - R KNEE POP, HOLD X 3 - L KNEE POP, HOLD X 3

1234 Fold knee R inward, HOLD, HOLD, HOLD,
5678 Bend knee L inward, HOLD, HOLD, HOLD.

[9 to 16] - R KNEE POP, HOLD - L KNEE POP HOLD & KNEE POP ENCHAINED

1234 Fold knee R inwards, HOLD, then knee L, HOLD
5678 Bend the knee R, then the L, then the R, then the L (the arms even higher on this session)

FINAL: On 4-time do session KNEE POP HOLD

RUNNING OF THE SEQUENCES:

WALL 1: 12H-3H

WALL 2: 3H-6H

WALL 3: 6H-9H

WALL 4: 9H-12H

TAG 1 from 12H-12H (16 time) end of the 4th wall

WALL 5: 12H / 3H

TAG 2 of 3H / 3H (16 time) end of the 5th wall

WALL 6: 3H-6H -
WALL 7: 6H / 9H
WALL 8: 9H / 12H
WALL 9: 12H / 3H
TAG 3 of 3H-3H (16 time) end of the 9th wall
WALL 10: 3H / 6H
TAG 4 from 6H-6H (16 time) end of the 10th wall
WALL 11: 6H / 9H
TAG 5: 9H / 9H (16 time) end of the 11th wall
WALL 12: 9H / 12H
Final: facing 12H00 add to finish + 2 Knee pop and Break

Christiane.favillier@hotmail.com

Toutes mes chorégraphies son sur mon site <http://christianefavillie.wixsite.com/angie>

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