

EZ Rumbero (Rumba line dance)

COPPERKNOB
BY STEPHENETS

拍數: 64 牆數: 4 級數: High Beginner/Improver
編舞者: Daniel Chen (AUS) - December 2017
音樂: Viens m'embrasser - Christian Delagrance : (French)



An easier version of another dance called "The Rumbero". Optional steps are included to enhance the dance (Improver Level).

No Tag and No Restart

MUSIC: (In order of difficulty)
"Como Han Pasado Los Anos" by Rocio Durcal

"On Days Like These" by Matt Monro (24 BPM)

"Viens M'Embrasser" by Christian DelaGrange

RESTART: Only for "Como Han Pasado Los Anos", restart after 16 Counts on Wall 3.

INTRO: 4 x 8 (32 counts)

S.1 BASIC RUMBA STEPS FORWARD & BACK

1-4 Rock forward onto L, recover onto R, step L to side, hold
5-8 Rock back onto R, recover onto L, step R to side, hold

S.2 RUMBA TIME STEPS RIGHT & LEFT

1-4 Step L beside R and rotate hips L, rotate hip R, step L to side, hold
5-8 Step R beside L and rotate hips R, rotate hip L, step R to side, hold

S.3 NEW YORK & SPOT TURN

1-4 Pivot ¼ to R, step L in front of R [3:00], recover onto R, ¼ pivot to L [12:00] and step L to L, hold
5-8 ¼ pivot to L [9:00] and step R fwd [9:00], ½ pivot L [3:00] and step R forward, ¼ pivot L [12:00]

S.4 WALK, PIVOT 1/2 LEFT, WALK (Repeat)**

1-4 Step L forward, step R forward and ½ pivot [6:00], step L forward, Hold
5-8 Step R forward, step L forward and ½ pivot [12:00], step R forward, Hold.
** Optional: Brush feet when turning (C2, C6)

S.5 CUCARACHAS LEFT & RIGHT (FIGURE-8)

1-4 Rock L to L, recover onto R, step L to R (no weight), shift weight onto L
5-8 Rock R to R, recover onto L, step R to L (no weight), shift weight onto R

S.6 FORWARD MAMBO, BACK MAMBO

1-4 Rock L forward, recover onto R, step L back, Hold
5-8 Rock R back, step L forward, step R forward, Hold (Optional: add Spiral instead of "Hold").

S.7 RUMBA WALKS FORWARD & BACK

1-4 Step forward on L, Step forward on R, Rock L forward, hold
5-8 Recover onto R, step back on L, step back on R, hold

S.8 CUBAN ROCKS, POINT, CROSS ROCK, REPLACE, STEP R TO SIDE (RUMBA FENCING LINE)

1-4 Rotate hips by shifting weight forward, back and forward (figure-8), turn ¼ & point R to side [9:00]

5-8 Cross R over L, recover onto L, step R to R, drag L toward R foot.

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