

Sweetheart

COPPER KNOB
BY STEPHEN

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Donna McClary (USA) - December 2017
音樂: Sweetheart - Paul Bailey : (Album: All the Way)



S1: Heel Grind step, Coaster step, Pivot 1/2 turn, Shuffle Forward

1-2 Right heel forward twisting heel ¼ turn right, step back on left
3&4 Step right back, step left beside right, step right forward
5-6 Step left forward ½ turn right pivot, step right
7&8 Step left forward, step right beside left, step left

S2: Rocking chair, Right shuffle, 1/4 pivot turn

1-4 Rock forward R, recover weight L, rock back R, recover weight L
5&6 Step forward right, step left beside right, step forward
7-8 Step forward left, pivot 1/4 turn right 12:00

S3: Weave, Cross Rock, ½ turn Shuffle

1-4 Cross L over R, step R to right side, cross L behind right, step R to right side
5-6 Cross rock left over right, recover weight right 3:00
7-8 ¼ turn left stepping forward on left, step R next to L, step forward L 9:00

S4: ½ Turn left doing R forward shuffle, ½ turn left back L shuffle forward, Jazz box ¼ turn Right

1&2 Make ½ turn left stepping right forward, left beside right, right forward
3&4 Make ½ turn left stepping left forward, right beside left, left forward
5-8 Cross R over left, begin ¼ turn right stepping back on L, step right to right side, step L beside R

S5: Rumba box right, Shuffle forward, Rumba box left, Shuffle back

1-2 Step right to R side, step left beside right
3&4 Step forward on right, step left beside right, step right forward
5-6 Step left to left side, step right beside left
7&8 Step back on left, step right beside left, step back on left

S6: Side rock, R behind L side, R cross, left Side Rock, left Coaster step

1-2 Rock right to R side, recover weight
3&4 Cross R behind L, step left to L side, cross right over L
5-6 Rock left to L side, recover weight
7&8 Step back on left, step right beside left, step forward on L

S7: Monterey, Jazz box ¼ turn right

1-2 Touch right foot to Right side, ¼ turn right stepping on right foot
3-4 Touch left foot to Left side, step left beside right
5-8 Step right over left, step back on left starting ¼ turn right, step right beside left, step left beside right

S8: Monterey, Jazz box

1-2 Touch right foot to Right side, ¼ turn right stepping on right foot
3-4 Touch left foot to Left side, step left beside right
5-8 Step right over left, step back on left, step right beside left, step left beside right

Repeat dance...

Contact: mcclarydonna@yahoo.com

