

Tell The Truth!

拍數: 32 牆數: 4 級數: Improver
編舞者: Roy Hadisubroto (IRE), Fiona Murray (IRE) & Niels Poulsen (DK) - November
2017
音樂: Please Don't Lie - Hugo Helmig : (iTunes Europe, Amazon, etc)



Intro: 32 count intro from main beat (20 secs. into track). Start with weight on R foot

****2 Restarts: 1st on wall 3, after 16 counts, facing 9:00. 2nd on wall 7, after 16 counts, facing 3:00**

[1 – 8] Cross point, behind side cross, Hold, ball cross, L scissor with ¼ R

1 – 2 Cross L over R (1), point R to R side (2) 12:00
3&4 Cross R behind L (3), step L to L side (&), cross R over L (4) 12:00
5&6 Hold (5), step L to L side (&), cross R over L (6) 12:00
7&8 Step L to L side (7), turn ¼ R stepping R next to L (&), step fwd on L (8) 3:00

[9 – 16] Point R with hip bumps, point L with hip bumps, skate RL, kick & side rock

1&2 Point R fwd bumping hips fwd (1), bump hips back (&), step down on R (2) 3:00
3&4 Point L fwd bumping hips fwd (3), bump hips back (&), step down on L (4) 3:00
5 – 6 Skate R foot out to R side (5), skate L foot out to L side (6) 3:00
7&8& Kick R fwd (7), step R next to L (&), rock L to L side (8), recover onto R again (&) 3:00

**** Restarts here on walls 3 and 7**

[17 – 24] 2 travelling jazz boxes backwards, L jazz box ¼ L, R touch & heel &

1&2 Cross L over R (1), step back on R (&), step back on L (2) 3:00
3&4 Cross R over L (3), step back on L (&), step back on R (4) 3:00
5&6 Cross L over R (5), step back on R (&), turn ¼ L stepping L to L side (6) 12:00
7&8& Touch R next to L (7), step back on R (&), touch L heel fwd (8), step L towards R (&) 12:00

[25 – 32] R&L mambo steps, ball step fwd, step ¼ L, syncopated R samba step

1&2 Rock fwd on R (1), recover back on L (&), step back on R (2) 12:00
3&4 Rock back on L (3), recover fwd to R (&), step fwd on L (4) 12:00
&5 Step R next to L (&), step L a rather big step fwd (5) 12:00
6 – 7 Step R fwd (6), turn ¼ L onto L (7) 9:00
&8& Cross R over L (&), rock L to L side (8), recover onto R again (&) 9:00

ENJOY!

Ending Wall 11 is your last wall. It starts facing 6:00. Do the first 8 counts. You're now facing 9:00. To end facing 12:00 simply just turn ¼ R on L foot crossing R over L 12:00

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Last Update - 6th Dec. 2017