

Raising The Belt

COPPER **NOB**
STEPSHEETS

拍數: 64 牆數: 2 級數: Advanced
編舞者: Adriano Castagnoli (IT) - December 2017
音樂: Raising the Bar - Forrest Lee Jr.



[S01] RIGHT SIDE, STOMP UP, LEFT SIDE, SCUFF, GRAPEVINE RIGHT, SCUFF

1-2 Step Right To Right Side, Stomp Up Left Beside Right
3-4 Step Left To Left Side, Scuff Right Beside Left
5-6 Step Right To Right Side, Cross Left Behind Right
7-8 Step Right To Right Side, Scuff Left Beside Right

*[S02] JUMPING JAZZ BOX LEFT, CROSS, STEP BACK, ROCK BACK RIGHT, SCUFF

1-2 Jumping Cross Left Over Right, Step Right Back And Kick Left Forward
3-4 Kick Right Forward, Cross Right Over Left
5-6 Step Left Back, Rock Back On Right And Kick Right Forward
7-8 Return Onto Left, Scuff Right Beside Left

[S03] ROCKING CHAIR FORWARD RIGHT, ROCK CROSS, ROCK BACK RIGHT

1-2 Rock Forward On Right, Return Onto Left
3-4 Rock Back On Right, Return Onto Left
5-6 Rock Right Cross Over Left, Return Onto Left
7-8 Rock Back On Right, Return Onto Left

[S04] FULL TURN LEFT FORWARD WITH HOLD, SCISSOR RIGHT, SCUFF

1-2 Turn 1/2 Left On Left And Step Right Back, Hold (06.00)
3-4 Turn 1/2 Left On Right And Step Left Forward, Hold (12.00)
5-6 Step Right Diagonally Back To Right, Step Left Beside Right
7-8 Cross Right Over Left, Scuff Left Beside Right

[S05] LEFT SIDE, STOMP UP, RIGHT SIDE, SCUFF, VAUDEVILLE RIGHT

1-2 Step Left To Left Side, Stomp Up Right Beside Left
3-4 Step Right To Right Side, Scuff Left Beside Right
5-6 Cross Left Over Right, Step Right Diagonally Back To Right
7-8 Touch Left Heel Diagonally Forward To Left, Step Left On Place (Weight On It)

[S06] KICK, HOOK, 2 KICKS, ROCK BACK RIGHT, STOMP RIGHT (TWICE)

1-2 Kick Right Forward, Hook Right Over Left
3-4 Kick Right Forward (Twice)
5-6 Jumping Rock Back On Right And Kick Left Forward, Return Onto Left
7-8 Stomp Right Beside Left (Twice)

[S07] TURN 1/4 LEFT, STOMP UP, TURN 1/4 LEFT, STOMP UP, RIGHT SIDE, STOMP UP, LEFT SIDE, SCUFF

1-2 Turn 1/4 Left And Step Right To Right Side, Stomp Up Left Beside Right (09.00)
3-4 Turn 1/4 Left And Step Left Forward, Stomp Up Right Beside Left (06.00)
5-6 Step Right To Right Side, Stomp Up Left Beside Right
7-8 Step Left To Left Side, Scuff Right Beside Left

[S08] JUMPING CROSS, BACK, ROCK BACK RIGHT, STOMP, HOLD (3 TIMES)

1-2 Jumping Cross Right Over Left, Step Left Back
3-4 Rock Back On Right And Kick Left Forward, Return Onto Left
5-6-7-8 Stomp Right Beside Left, Hold (3 Times)

REPEAT

TAG 1: after 60th count of the first repetition (06.00) LOCK FORWARD RIGHT, SCUFF, TURN 1/4 RIGHT, STOMP UP, TURN 1/4 RIGHT, SCUFF

- 1-2 Step Right Forward, Lock Left Behind Right (06.00)
- 3-4 Step Right Forward, Scuff Left Beside Right
- 5-6 Turn 1/4 Right And Step Left To Left Side, Stomp Up Right Beside Left (09.00)
- 7-8 Turn 1/4 Right And Step Right Forward, Scuff Left Beside Right (12.00)

TURN 1/2 RIGHT WITH 2 HOP, STEP, HOLD, ROCK BACK RIGHT, STOMP RIGHT (TWICE)

- 1-2 Turn 1/2 Right With 2 Jump On Right Foot (Hook Left Over Right, Flick Up Back Left) (06.00)
- 3-4 Step Left Back, Hold
- 5-6 Jumping Rock Back On Right And Kick Left Forward, Return Onto Left
- 7-8 Stomp Right Beside Left (Twice)

VARIANT: to do 2nd sequence with a full turn to right on place during 3rd, 6th and 9th repetition (always on first wall)

RESTART: after 24 count (3rd sequence) of the 4th and 7th repetitions (always on second wall)

3° RESTART: after 24 count of the 10th repetition (all 2nd sequence must to be executed doing half turn to right), restart the dance from 7th sequence

TAG 2 (after 3rd restart): after 61 count to do Turn 1/2 Right on Left Foot (in 7 counts) hitching other Knee, Stomp Right On Place and other 7 counts of Hold

4° RESTART: after 60 count of the penultimate repetition and after (last repetition) to do 2nd sequence doing half turn to right
