The Way I Am



拍數: 34 牆數: 2 級數: Intermediate

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音樂: In the Blood - Home Free



Intro: 8 counts after first beat.

S1: STEP, TOUCH, SIDE STEP, DRAG, BALL-STEP, POINT BACK, ½ TURN, ½ TURN TOE STRUT

1 RF step to right side

2 LF touch next to RF

3 LF big step to the left

4 RF drag and step next to LF

& LF step next to RFF touch behind LF

6 RF make ½ turn right, ending with weight op RF

7 LF touch forward

8 LF turn ½ right, ending with weight op LF [12]

Alt.: replace the last 4 counts by two toe struts backwards

S2: SYNCOPATED MONTEREY TURN, SIDE-BEHIND, 1/4 TURN STEP, TOGETHER, TOUCH

1 RF point to right side

2 RF make ½ turn right and step next to LF [6]

3 LF point to left side & LF step next to RF 4 RF touch next to LF 5 RF step to right side 6 LF cross behind RF

7 RF make ¼ turn right and step forward [9]

& LF step next to RF 8 RF touch next to LF

S3: ROCKSTEP, POINT BACK, ¾ TURN, LOCKSTEP, ½ PIVOT TURN

1 RF rock forward

2 LF recover

3 RF touch behind LF

4 make ¾ turn right, ending with weight op RF [6]

5 LF step forward & RF cross behind LF 6 LF step forward 7 RF step forward

8 RF+LF make ½ turn left [12]

Alt. replace these last 2 counts and the first 2 counts of the next section by a rocking chair

S4: ½ PIVOT TURN, SHUFFLE ½, ¼ STEP, ¼ STEP, SCISSOR STEP, SWAY 2X

1 RF step forward

2 RF+LF make ½ turn left [6]

3 RF make ¼ turn left and step to right side

& LF step next to RF

RF make ¼ turn left and step back [12]

LF make ¼ turn left and step to left side

RF make ¼ turn left and step to right side

7 LF step to left side

& RF step next to LF

B LF cross over RF [6]

* Restart in wall 6

9 RF sway right10 LF sway left

START AGAIN

TAG: At the end of the 2nd wall (facing 12) dance the following 4 counts and then Restart the dance:

1 RF step forward to right diagonal

2 LF touch next to RF

3 LF step back to left diagonal

4 RF touch next to LF

RESTART

In wall 6, dance the first 8 counts of the last section and restart the dance (facing 12).

FINISH

In wall 7, dance the first 6 counts of the last section (facing 6) and replace counts 7 and 8 by:

7 LF touch behind RF 8 make ½ turn left [12]

Have fun!

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