Hot Damn



拍數: 32 牆數: 4 級數: Intermediate / Advanced 編舞者: Scott Blevins (USA) & Rachael McEnaney (USA) - September 2017

音樂: Hot Damn - The Shadowboxers: (iTunes)



Count In: 16 counts from when the beat kicks in (Start on lyrics "LOVE"....'If its only LOVE"). Approx 115bpm.

[1 – 8] R side, L 1 2	behind with R sweep, R behind, L side rock, L behind, ¼ R, L fwd into full chase turn R. Step R to right side (styling, raise L toe so L heel drags on floor) (1), cross L behind R sweeping R (2) 12.00				
3 4 & 5 6	Cross R behind L (3), rock L to left side (4), recover weight R (&), cross L behind R (5) 12.00 Make ¼ turn right stepping forward R (6), 3.00				
7 & 8	Step forward L (7), pivot ½ turn right (weight R) (&), make ½ turn right stepping back L (8) 3.00				
[9 – 16] R diagonal back, L touch, L side rock, L cross, ¾ turn R – walk R-L, run R-L-R					
12	Step R back and slightly to right side (body facing 4.30)(1), touch L next to R (styling: look back over R shoulder) (2) 4.30				
3 & 4	Rock L to left side (body facing 3.00) (3), recover weight R (&), cross L over R (as you cross L torque upper body left as you look over L shoulder to 12.00) (4) 3.00				
5 6	Make 1/8 turn right stepping forward R (5), make ¼ turn right stepping forward L (6) 7.30				
7 & 8	Make 1/8 turn right stepping forward R (7), make 1/8 turn right stepping forward L (&), make 1/8 turn right stepping forward R (8) 12.00				
[17 – 24] L cros	s, ¼ L back R, hold, L ball, R cross, ¼ L fwd L, ½ L back R, L coaster step				
12	Cross L over R (1), make ¼ turn left stepping back R (styling: big step back R lifting L toe as you drag L heel) (2) 9.00				
3 & 4	Hold (3), step ball of L to left side (&), cross R over L (4) 9.00				
5 6	Make ¼ turn left stepping forward L (5), make ½ turn left stepping back R (6) 12.00				
7 & 8	Step back L (7), step R next to L (&), step forward L (8) 12.00				
[25 – 32] R kick, R cross, L side ball rock, L kick, L cross, R side ball rock, R cross, L hitch, L cross, ¾ turn L					
1 & 2 &	Kick R forward (1), step R forward and across L (&), rock ball of L to left side (2), recover weight R (&) 12.00				
3 & 4 &	Kick L forward (3), step L forward and across R (&), rock ball of R to right side (4), recover weight L (&) 12.00				
5 6	Cross R over L (body opens slightly to left diagonal) (5), hitch L knee (as you hitch rotate body slightly to right diagonal) (6) 12.00				
7 & 8	Cross L over R (7), make $\frac{1}{4}$ turn left stepping back R (&), make $\frac{1}{4}$ turn left stepping forward L (8) 6.00				
& Note: Try to thir	Make $\frac{1}{4}$ turn left on ball of L as you get ready to start the dance again (no weight change) (&) nk of count 7&8& as one fluid motion of a rolling $\frac{3}{4}$ turn to begin again facing 3.00 3.00				
	vall begins facing original 3.00.				

6	Make ¼ 1	urn right on ba	II of R as you cross	L over R (6) 6.00
---	----------	-----------------	----------------------	-------------------

Step R to right side as you begin hip circle clockwise (7), continue rolling hips (8) 6.00 78 Continue rolling hips as you transfer all weight L (1), drag R in towards L (2) THEN 12

RESTART 6.00

END: The 10th wall begins facing original 3.00.

Dance the first 29 counts (up to count 5 of 25-32 you end with R crossed over L)

On ball of R make a ¾ turn right (6), step L to left side hitting 2nd position for a 'big finish' (7) 6 7 - the dance ends on count 7

HAVE FUN

Contacts: -

Scott: www.scottblevins.com - scottblevins@me.com
Rachael : www.dancewithrachael.com - dancewithrachael@gmail.com