

Heartline

COPPER KNOB
STEPPERS

拍數: 32 牆數: 4 級數: Improver
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音樂: Heartline - Craig David : (Single - iTunes)



Introduction: 16 counts, start on approx 09 sec. - No Tags Or Restarts.

Workshop Event Pink Ribbon Dwight Meessen 02/12/2017.

Part 1. [1-8] Syncopated Cross Rocks Fwd & Side R, L, Syncopated Cross Steps R to L.

1,2& Cross Rock R fwd L (1), Recover back onto L (2), Step R to R (&).
3,4& Cross Rock L fwd R (3), Recover back onto R (4), Step L to L (&).
5&6& Step R across L (5), Step L slightly to L (&), Step R across L (6), Step L slightly to L (&).
7&8 Step R across L (7), Step L to L (&), Step R across L (8).

(NB: Optional for above counts 5-8: With Hip Movements).

PART 2. [9-16] Side Rock L / Recover, Weave R, Heel Jack L & Touch, R Kick (diag) Ball Step.

1,2 Rock L to L (1), Recover back onto R (2).
3&4 Step L behind R (3), Step R to R (&), Step L across R (4).
&5&6 Step R diagonal slightly back (&), Touch L heel diagonal forward (5), Step L back in place (&), Touch R beside L (6).
7&8 Kick R diagonal forward (7), Step R back in place on ball (&), Step L forward (8).

PART 3. [17-24] Side Rock R / Recover, ½ Sailor Turn R, Step, Side with 1/8 Turn L, Back, Coaster Step R.

1,2 Rock R to R (1), Recover back onto L (2).
3&4 Step R behind L (3), Make ½ Turn R (6.00) step L to L (&), Step R to R (4).
5&6 Step L forward (5), Make 1/8 Turn L (4.30) step R to R (&), Step L back (6).
7&8 On diagonal: Step R back (7), Step L beside R (&), Step R forward (8).

PART 4. [25-32] Samba Whisk L with 1/8 Turn L, Scissor Step R, Back with ¼ Turn R, Continue ¼ Turn R, Side, Hold, Together, Step.

1&2 Make ⅛ turn L (3.00) step L to L (1), Step R behind L (&), Step L across R (&).
3&4 Step R to R (3), Step L beside R (&), Step R across L (4).
5&6,7 Make ¼ turn R (6.00) step L slightly back (5), Continue a ¼ turn L (9.00) step R slightly forward (&), Step L to L (6), Hold (7).
&8 Step R beside L (&), Step L forward (8).

REPEAT DANCE AND HAVE FUN!!

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