

Heart Shaped Shuffle

COPPER KNOB
STEPSHEETS

拍數: 48 牆數: 2 級數: Improver
編舞者: Patti McDowell (USA) - December 2017
音樂: Heart Shaped Locket - Brothers Osborne
或: any cha-cha type rhythm song



S1: SWAY OUT RIGHT, CROSS RIGHT OVER LEFT, TRIPLE STEP, SWAY OUT LEFT, CROSS LEFT OVER RIGHT, TRIPLE STEP

1 - 4 Sway out to side with right foot, cross right foot over left with a side triple step
5 - 8 Sway out to side with left foot, cross left foot over right with a sidetriple step

S2: SHUFFLE FORWARD, ROCK UP LEFT, SHUFFLE BACK, ROCK BACK RIGHT

1 & 2 Shuffle forward starting with right foot (right, left, right)
3 - 4 Rock forward on left foot, recover
5 & 6 Shuffle in place starting with left foot (left, right, left)
7 - 8 Rock back on right foot, recover

S3: TOUCH RIGHT HEEL 2x's, TRIPLE STEP, TOUCH LEFT HEEL 2 x's, TRIPLE STEP

1 - 2 Touch right heel forward 2 x's
3 & 4 Triple step, (right, left, right)
5 - 6 Touch left heel forward, 2 x's
7 & 8 Triple step, (left, right, left)

S4: JAZZ BOX ¼ LEFT, SAILOR SHUFFLE RIGHT & LEFT w/¼ TURN

1 - 4 Jazz box turning ¼ turn to the left
5 & 6 Right sailor step in place
7 & 8 Left sailor step turning 1/4 to the left

S5: SHUFFLE FORWARD, ROCK UP LEFT, SHUFFLE BACK, ROCK BACK RIGHT

1 & 2 Shuffle forward starting with right foot (right, left, right)
3 - 4 Rock forward on left foot, recover
5 & 6 Shuffle forward starting with left foot (left, right, left)
7 - 8 Rock back on right foot, recover

S6: TOUCH RIGHT HEEL FORWARD 2 x's, TRIPLE STEP, TOUCH LEFT HEEL FORWARD, 2 x's, TRIPLE STEP

1 - 2 Touch right heel forward 2 x's,
3 & 4 Triple step, (right, left, right)
5 - 6 Touch left heel forward 2 x's
7 & 8 Triple step (left, right, left)

NO TAGS OR RESTARTS

Contact: pat25435@comcast.net
