

Mon Amour

拍數: 32 牆數: 4 級數: Improver +
編舞者: Angéline Fourmage (FR) - November 2017
音樂: Mon amour - Havana : (amazon.fr)



Start : On vocal (11 seconds) - 3 Restarts

[1-8] : Step, Rock step, Triple step, Volta 1/2

1-2& Step RF to the R side, cross LF behind RF, recover to the RF
3-4& Step LF to the L side, cross RF behind LF, recover to the LF

Restart : 9&12 Walls

5&6 Triple Step R (RF forward, LF next to RF, RF forward)
7&8& Make 1/4 turn L stepping LF forward, step RF next to LF, Make 1/4turn L stepping LF forward, step RF next to LF

[9-16] Step forward, Rock step, Step Behind, Together, Rock step, Full Turn

1-2 LF forward, RF forward
3&4 Recover to the LF, RF next to LF, LF back
5-6 RF rock back, recover to the LF
7-8 Make 1/2 L stepping RF back, Make 1/2 L stepping LF forward

Restart : 5 Wall

[17-24] Step, Cross, Side Rock, Cross, Side Rock, Rock, Chasse 1/4 Turn L

1-2& RF to the R side, Cross LF behind RF, RF to the R side
3-4& Recover to the LF, Cross RF behind LF, LF to the L side
5-6 Recover to the RF, Cross LF over RF
7-8& Recover to the RF, LF to the L side, RF next to LF,

[25-32] 1/4 turn L, Step turn 1/2 L, Triple Step, Full turn R

1-2 Make 1/4 turn L stepping LF forward, RF forward
3-4& Make 1/2 Turn L, RF forward, LF next to RF
5-6 RF forward, Make 1/2 R stepping LF back
7-8 Make 1/2 R stepping RF forward, LF forward

Smile and enjoy the dance

Contact : maellynedance@gmail.com