

Supercharged

COPPERKNOB
STEPSHEETS

拍數: 96 牆數: 4 級數: Phrased Intermediate
編舞者: Malene Jakobsen (DK) - December 2017
音樂: Supercharged - Kil the Giant : (iTunes)



Intro: 32 counts, 15 sec. into track - dance begins with weight on R

First time you dance A, the last 4 counts change, see below

In the A sequence then when you dance the third A, the last 1 count changes, see below

Sequence: ABC AAA B C AAA B C A – B always starts facing 3.00. C is always danced at 12.00

Part A –

[1-8] Cross, side, sailor step, cross, side, coaster 1/4

- 1-2 (1) Cross L over R, (2) step R to R 12.00
3&4 (3) Cross L behind R, (&) step R to R, (4) step L to L 12.00
5-6 (5) Cross R over L, (6) step L to L 12.00
7&8 (7) Turn 1/4 R stepping back on R, (&) step L next to R, (8) step fwd. on R 3.00

[9-16] Rock, coaster cross, funky weave

- 1-2 (1) Rock fwd. on L, (2) recover onto R 3.00
3&4 (3) Step back on L, (&) step R next to L, (4) cross L over R 3.00
5-6 (5) Step R to R popping L knee, (6) cross L behind R popping R knee 3.00
7-8 (6) Step R to R popping L knee, (8) cross L over R popping R knee 3.00

[17-24] Side rock, cross shuffle, 1/4, 1/4, L shuffle fwd.

- 1-2 (1) Rock R to R, (2) recover onto L 3.00
3&4 (3) Cross R over L, (&) step L to L, (4) cross R over L 3.00
5-6 (5) Turn 1/4 R stepping back on L, (6) turn 1/4 R stepping fwd. on R 9.00
7&8 (7) Step fwd. on L, (&) step R next to L, (8) step fwd. L 9.00

[25-32] Rock, coaster cross, side, behind, side rock

- 1-2 (1) Rock fwd. on R, (2) recover onto L 9.00
3&4 (3) Step back on R, (&) step L next to R, (4) cross R over L 9.00
5-6-7-8 (5) Step L to L, (6) cross R behind L, (7) rock L to L, (8) recover onto R 9.00

NOTE1: You start the dance by dancing one A, last 4 counts change to this

- 5-6 (5) Turn 1/4 R stepping back on L, (6) turn 1/4 R stepping R to R 3.00
7-8 (7) Rock L across R, (8) recover onto R 3.00

NOTE2: Third time you dance A do this: Cross R over L instead of recovering onto L

Part B –

[1-8] Side, hold, back rock, 1/4, hold, side, cross

- 1-2-3-4 (1) Step L to L, (2) hold, (3) rock back on R, (4) recover onto L 3.00
5-6-7-8 (5) Turn 1/4 L stepping back on R, (6) hold, (7) step L to L, (8) cross R over L 12.00

[9-16] Side, hold, back rock, side, hold, behind, side

- 1-2-3-4 (1) Step L to L, (2) hold, (3) rock back on R, (4) recover onto L 12.00
5-6-7-8 (5) Step R to R, (6) hold, (7) cross L behind R, (8) step R to R 12.00

[17-24] Serpiente, 1/4

- 1-2-3-4 (1-2) Cross L over R sweeping R from back to front, (3) cross R over L, (4) step L to L 12.00
5-6-7-8 (5-6) Cross R behind L sweeping L from front to back, (7) cross L behind R, (8) turn 1/4 R stepping fwd. on R 3.00

[25-32] Fwd. hold, chase turn, hold, 1/2

- 1-2-3-4 (1) Step fwd. on L, (2) hold, (3) step fwd. on R, (4) turn 1/2 L 9.00

5-6-7-8 (5) Step fwd. on R, (6) hold, (7) step fwd. on L, (8) turn 1/2 R 3.00

[33-40] 1/4, hold, back rock, 1/2, side, cross

1-2-3-4 (1) Turn 1/4 R stepping L to L, (2) hold, (3) rock back on R, (4) recover onto L 6.00

5-6 (5-6) Turn 1/4 L stepping back on R and continue another 1/4 L on ball of R 12.00

7-8 (7) Step L to L, (8) cross R over L 12.00

[41-48] Side, hold, back rock, side, hold, behind, side

1-2-3-4 (1) Step L to L, (2) hold, (3) rock back on R, (4) recover onto L 12.00

5-6-7-8 (5) Step R to R, (6) hold, (7) cross L behind R, (8) step R to R 12.00

Part C –

[1-8] Cross, back back, knee pops, cross, back back, knee pops

1-2-3&4 (1) Cross L over R, (2-3) step back R, L, (&4) pop both knees 12.00

5-6-7&8 (5) Cross R over L, (6-7) step back L, R, (&8) pop both knees 12.00

[9-16] Cross, back back, knee pops, walk R, L, R, side rock

1-2-3&4 (1) Cross L over R, (2-3) step back R, L, (&4) pop both knees 12.00

5-6-7&8 (5-6-7) Walk R, L, R, (&) rock L to L, (8) recover onto R 12.00

ENDING:

Count 8 last section in part A: Last A starts facing 12.00.

When recovering onto R make 1/4 R then step fwd. on L on count 1, this will finish the dance at 12.00

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Last Update - 29th Nov. 2017
