

Fight

拍數: 32 牆數: 4 級數: Improver
編舞者: Nolwenn BERTIN (FR) - November 2017
音樂: Fight - Lee DeWyze : (Album: Frames)



Start dancing after 8 counts

S1. KICK X2, COASTER STEP, KICK X2, COASTER STEP ¼ LEFT

1 - 2 Right kick forward, right kick in right diagonal
3 & 4 Right foot behind, left foot next to right, right foot forward
5 - 6 Left kick forward, left kick in left diagonal
7 & 8 ¼ left turn with left foot behind, right foot next to left, left foot forward 9h

S2. TRIPLE FORWARD X2, FULL TURN, CROSS ROCK FORWARD

1 & 2 Right triple step forward (R-L-R)
3 & 4 Left triple step forward (L-R-L)
5 - 6 Left half turn with right foot backward, left half turn with left foot forward *
7 - 8 Rock step right foot across left, recover

*Variation: to simplify if needed, walk right and left

S3. RIGHT TRIPLE, ½ TURN LEFT TRIPLE, BACK ROCK, KICK BALL CHANGE

1 & 2 Right triple on right side (R-L-R)
3 & 4 Right ½ turn with left triple on left side (L-R-L) 3h
5 - 6 Back rock with right foot, recover
7 & 8 Right kick in right diagonal fwd, right next to left, left next to right

Restart: here at wall 9, start the dance again from the beginning.

S4. POINT & HEEL SWITCHES*

1 & 2 Right touch on right side, right next to left, left touch on left side
&3 & 4 Left next to right, right heel fwd, right next to left, left heel fwd
&5 & 6 Left next to right, right touch on RS, right next to left, left touch on LS
&7 & 8& Left next to right, right heel fwd, right next to left, left heel fwd, L next to R

*Variation: Apple Jack on 8 counts instead

TAG(12 counts): at the end of wall 3, dance section 1 and add step half turn X2 (right foot forward)

START AGAIN AND NEVER STOP SMILING!

Memo

R. Right :: Fwd. Forward :: RS. Right Side

L. Left :: Bwd. Backward :: LS. Left Side

BCh. Ball Change :: Tch. Touch