

Not You

拍數: 32 牆數: 2 級數: High Improver
編舞者: Sebastiaan Holtland (NL) - November 2017
音樂: Not You - Matt Terry : (Album: Trouble)



One easy Tag in wall 2 after 16 counts (12 o'clock), after, repeat the last 16 counts.

[1-9] Syncopated Fwd & Side Rocks with Shoulder Movement, Back Rock / Recover with Sweep R Fwd, Cross & Back with 1/4 Turn R, Back & Recover with Arm Movement, Step, Side, Behind with Sweep L.

- 1& Rock R Fwd (1), Recover back onto L (&).
- 2& Rock R to R (2), Recover back onto L (&) (shoulder lifts L, R).
- 3,4 Rock R back (3), Recover back onto L and sweep R from back to front (4).
- 5& Step R across L (5), Make 1/4 turn R (3) step L back (&).
- 6,7 Step R back (L toe is up) & lean R while angling body (push your R hand fingers spread fwd to chest level) (6), Recover back onto L and pull R elbow backward with fist to front on chest high and lift R knee slightly up weight onto L (7).
- 8&1 Step R forward (8), Step L to L (&), Step R behind L and sweep L from front to back (1).

[10-16] Behind, Side with 1/8 Turn R, Step with Rising Kick R, Coaster Step R, Recover, Big Side Step L with 1/8 R, Stomps L, R Together.

- 2&3 Step L behind R (2), Make 1/8 turn R (4.30) step R to R (&), Step L forward and rising kick R forward (3).
- 4&5 On diagonal: Step R back (4), Step L beside R (&), Step R forward (5).
- 6,7 On diagonal: Recover back onto L (6), Make 1/8 turn R (6.00) step R big to R (7).
- &8 Stomp L slightly to L (&), Stomp L beside R take weight onto L (8).

(NB: Easy Tag here in wall 2 after 16 counts, after repeat the last 16 counts facing 12 o'clock).

[17-24] Push Steps Side & Recover R, L, R, Weave R, Scissor Step R, Small Step Back with 1/4 Turn R, Side Rock / Recover.

- 1,2 Step R to R and push hips to R (1), Recover back onto L and push hips to L (2).
- 3 Recover back onto R and push R hips to R (3).
- 4&5 Step L behind R (4), Step R to R (&), Step L across R (5).
- 6&7 Step R to R (6), Step L beside R (&), Step R across L (7).
- &8& Make 1/4 turn R (9.00) step L slightly back (&), Rock R to R (8), Recover back onto L (&).

[25-32] Small Step Back with Sweep L, Weave R, & Cross, Side Rock & Step with Knee Lift L 1/4 Turn L, 3x Steps Out L, R, L.

- 1 Step R slightly back and sweep L from front to back (1).
- 2&3 Step L behind R (2), Step R to R (&), Step L across R (3).
- &4 Step R slightly to R (&), Step L across R (4).
- 5&6 Rock R to R, Make 1/4 turn L (6.00) recover back onto L (5), Step R forward and lift L knee up (6).
- 7&8 Step L slightly out to L forward (7), Step R out to R (&), Step L out to L (8).

TAG:

[1-2] Sway R / Recover.

- 1,2 Sway R to R, Recover back onto L.

REPEAT THE DANCE AND HAVE FUN!!