

# Lights Down Low

**COPPER KNOB**  
STEPSHEETS

拍數: 80      牆數: 2      級數: Phrased Intermediate  
編舞者: Guyton Mundy (USA) & Rebecca Lee (MY) - November 2017  
音樂: Lights Down Low - MAX



Start dance after 16 counts – Seq. : AB AB AB(16count) B(12'00) A(6.00)

## PART A (48count)

### A1: STEP, ROCK BACK, ROCK FORWARD, TOUCH, ½ TURN, SLOW HITCH, FLICK

- 12&            Step R to R side (1), Rock L behind R (2), Recover R (&)  
3&4&        Rock L forward (3), Recover R (&), Touch L back while bringing both arms in with palm facing chest (4) ½ turn L Step L (&)  
5,6            Rock L with open arms as if presenting (5) recover weight on R bringing R arm to chest and L arm to navel (6),  
&7,8        Bring R arm down to navel while bringing L arm to chest in a rolling motion (&), Slowly hook L foot in front of R knee while bringing R arm back to chest and L arm to navel in a rolling motion (7) , Flick L to L side (8)

### A2: STEP SWEEP, CROSS BACK BACK, COASTER STEP, ARM REACH, BACK WALK, LEAN

- 1            Step L sweep R front (1)  
2&3        Cross R over L (2), Step L to L back diagonally (&), Step R back diagonally (3) facing 7.30  
4&5        Step L back (4), Step R next to L (&), Step L forward (5) facing 7.30  
6&7        Extend R arm upward (6) , Extend L arm upward (&), Pull both arm to the chest (7.30)  
8&1        Step L back (8), Step R back (&), Step L back with upper body lean back (1) 7.30

### A3: BODY SWAY, DIAMOND STEPS,

- 2&3        Body sway forward (2), Body sway back (&), Step R forward with sweeping L over R (3)  
4&5        Cross L over R (4), 1/8 turn L Step R back (&), 1/8 turn step L back (5) (4.30)  
6&7        Step R back (6) , 1/8 turn L Step L to L (&), 1/8 turn L Cross R over L (7) (1.30)  
8&1        Cross L over R (8), 1/8 turn L Step R to R(&), Cross L back with R sweep front to back (1)(12.00)

### A4: TOUCH, TOUCH HITCH, CROSS ¼ TURN STEP, 1 ¼ TURN STEP

- 2&3        Touch R behind L (2), Touch R to R side with scuff on the (&), Hitch R (3)  
4,5        Cross R over L (4), ¼ turn L Step L forward (5),  
6            1 ¼ turn L with hook R behind L knee (6)  
7,8&        Step L to L side(7), Rock R behind L (8) , Recover L (&)

### A5: STEP (ARM MOVEMENT), FULL TURN L, STEP TOGETHER, HEAD LOOK L

- 1&2        Step L to L diagonal with R arm reach up (1), Reach L arm up (&), Pull both arm to chest (2) (4.30)  
3&4        Extend R arm to R side (7.30), Place L hand to R shoulder (&), Full Turn L while bring the R arm in and place R hand in front of L hand (looking like a X)(4) (3.00)  
56        Roll both hand in toward the chest (5), Roll it out with both palm facing out (6)  
7&8        Step R forward (7), Step L next to R (&) Head look to L (8) (3.00)

### A6: WALK BACK, ¾ TURN L , BODY SWAY, ROCK BACK, PREP

- 1,2&3        Step L back (1), Step R back (2), Step L back(&) ¼ turn L cross R over L (3)  
4&5        ½ turn L step L to L side with body sway (4), R body sway (&), L body sway (5)  
6&        Rock R behind L (6), Recover L (&)  
7,8        Step R to R and slightly rotate the upper body to R side to prepare for L rolling vine turn

## PART B (32Count)

**B1: L ROLLING VINE, ARM MOVEMENT (DRAW THE ZORRO Z)**

- 1&2 Recover L turning  $\frac{1}{4}$  turn L into L (1),  $\frac{1}{2}$  turn L step R back on R (&),  $\frac{1}{4}$  turn L step L to L with R arm extend to diagonal L (2) (6.00)
- 3&4& Slide the R arm to R diagonally down (3), Slide R arm to L diagonally down (&) , Slide R to R side (4) Bring the R arm straight up as if reaching for the light bulb
- 5,6 Twist the R hand to forward twice as if unscrewing the light bulb
- 7,8 Bring R arm across the body to L side, Bring R elbow back to R side with stepping R to R side

**B2: ROCK BACK,  $\frac{1}{4}$  TURN STEP,  $\frac{1}{2}$  TURN PIVOT, ARM MOVEMENT, ROCK BACK,STEP**

- 1&2 Rock L behind R (1), Recover R (&) ,  $\frac{1}{4}$  turn L step L forward (2)
- 3&4 Step R forward (3) ,  $\frac{1}{2}$  turn pivot L bring the R arm place R hand to the mouth (&), bring L hand place it over R hand (4),
- 5,6 Slowly bring both hand down to the chest while slowly bend the knee to a sitting position
- 7,8 Rock R back with extend both arm forward (7), Recover L with pull both arm toward the chest (8)

On wall 3 count 7,8 make a  $\frac{1}{4}$  turn R and prep for restart facing 12'00

**B3: STEP SWEEP X3, ROCK  $\frac{1}{2}$  TURN, 1  $\frac{1}{4}$  TURN L, PREP**

- 1,2,3 Step R sweep L forward (1) , Step L sweep R forward (2) , Step L sweep R forward (3)
- 4&5 Rock R forward (4), Recover L (&) ,  $\frac{1}{2}$  turn L step L forward (5) (9.00)
- 6&7  $\frac{1}{2}$  turn L step R back,  $\frac{1}{2}$  turn L step L forward,  $\frac{1}{4}$  turn L step R to R side
- 8 Prep body to R

**B4: L ROLLING VINE, ARM MOVEMENT ( DRAW THE ZORRO Z), ARM WAVE**

- 1&2 Recover L turning  $\frac{1}{4}$  turn L into L (1),  $\frac{1}{2}$  turn L step R back on R (&),  $\frac{1}{4}$  turn L step L to L with arm extend to diagonal L (2) (6.00)
- 3&4& Slide the R arm to R diagonally down (3), Slide R arm to L diagonally down (&) , Slide R arm to R side (4) Bring the R arm straight up as if reaching for the light bulb(&)
- 5,6 Twist the R hand forward twice as if unscrewing the light bulb
- 7,8 Snake R arm from R to L twice across body transfer weight to L on last snake arm
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