

Got No Reason

拍數: 64 牆數: 2 級數: Improver
編舞者: Mel Fisher (UK) - November 2017
音樂: Got No Reason Now for Goin' Home - Gene Watson : (amazon)



Section One: Vine right, vine left

1 2 3 4 Step right, left behind right, step right, touch left beside right
5 6 7 8 Step left to side, right behind left, step left, touch right beside left

Section Two: Right Lock, ¼ turn left lock

1 2 3 4 Step forward right, lock left behind right hold, step forward on right, hold
5 6 7 8 Turn ¼ left stepping forward left, lock right behind left, step forward left hold

Section Three: ¼ right hold, ½ left hold, mambo step

1 2 3 4 Turn ¼ right stepping on right, hold, turn ½ left stepping on left, hold
5 6 7 8 Rock forward on right, rock back on left, step right beside left, hold

Section Four: Back right left right, side together forward

1 2 3 4 Back left, right, left, hold
5 6 7 8 Step right to side, step left beside right, step forward right, hold

Restart here on wall four touching right beside left, hold

Section Five: Side together back, coaster step

1 2 3 4 Step to side on left, step right beside left, step back on left, hold
5 6 7 8 Rock back on right, step left beside right, step forward on right, hold

Section Six: Cross rock, side rock, back rock side

1 2 3 4 Cross rock left over right, rock in place on right, rock to side on left, rock in place on right
5 6 7 8 Rock left behind right, rock in place on right, step to side on left, hold

Section Seven: ¼ right old, ¼ left hold, cross and heel, step

1 2 3 4 Turn ¼ right stepping on right, hold, turn ¼ left stepping on left, hold
5 6 7 8 Cross right over left, step back on left, touch right heel diagonally right, step onto right

Section Eight: Cross and heel, step, mambo touch

1 2 3 4 Cross left over right, step back on right, touch left heel diagonally left, step onto left
5 6 7 8 Rock forward on right, rock back on left, touch right beside left, hold

Restart on 4th wall: On count 7 of section four touch right beside left, hold on count 8 and start dance again

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