

This Time

拍數: 32 牆數: 4 級數: Beginner
編舞者: Angéline Fourmage (FR) & Maryse Fourmage (FR) - November 2017
音樂: This Time - Foxworth Hall : (amazon)



Begin the dance on 32 count

[1-8] Rumba Box modified (* Option)

1-2 RF to the R side, LF next to RF
3&4 Chasse to the R side (RF to the R side, LF next to RF, RF to the R side)
5-6 LF forward, RF next to LF
7&8 Triple step forward (LF forward, RF next to LF, LF forward)

Tag with Restart* (wall: 11)

[9-16] 1/4 Rumba Box modified (* Option)

1-2 RF to the R side with 1/4 turn L, LF next to RF
3&4 Chasse to the R side (RF to the R side, LF next to RF, RF to the R side)
5-6 LF forward, RF next to LF
7&8 Chasse to the L side (LF to the L side, RF next to LF, LF to the L side)

Restart (wall: 3 and 7)

[17-24] Forward Kickx3 Back Kick, Back Touch

1-2 RF forward on little diagonal R, Kick LF forward (Clap your hands)
3&4 LF forward on little diagonal L, Kick RF forward (Clap your hands)
5-6 RF backward on little little diagonal R, Kick LF forward (Clap your hands)
7-8 LF backward, Touch RF next to LF

[25-32] Pivot 1/8, weave, Rock step, Weave

1-2 RF forward make 1/4 turn Left
3&4 RF behind LF, LF to the L side, Cross RF over LF
5-6 LF to the L side, recover to the RF
7&8 LF behind RF, RF to the R side, Cross LF over RF

Tag: 4 counts + Restart (Wall 11)* :

1-2 RF to the R side with 1/4 turn L, touch LF next to RF
3-4 LF to the L side, touch RF next to LF

Restart

(If you make option, make the first 8 count and

1-2 RF to the R side with 1/4 turn R, Touch LF next to RF
3-4 LF to the L side with 1-4 turn R, Touch RF next to LF.

Restart)

Restart the dance

Smile and enjoy the dance

* Option : 4x Side, Box

1-2 RF to the R side, LF next to RF
3&4 Chasse to the R (RF to the R side, LF next to RF, RF to the R side)
5-6 LF to the L side with Make 1/4 turn R, RF next to LF
7&8 Chasse to the L side (LF to the L side, RF next to LF, LF to the L side)

*4x Side, Box

- 1-2 RF to the R side with 1/4 turn R, LF next to RF
- 3&4 Chasse to the R (RF to the R side, LF next to RF, RF to the R side)
- 5-6 LF to the L side with Make 1/4 turn R, RF next to LF
- 7&8 Chasse to the L side (LF to the L side, RF next to LF, LF to the L side)

Contact : maellynedance@gmail.com
