

Diggin Up Bones

拍數: 32 牆數: 4 級數: Beginner
編舞者: Anna Korsgaard (DK) - November 2017
音樂: Diggin' Up Bones - Randy Travis



Intro: 8 counts

Sec.: 1. Side Rock, Cross shuffle, Right, Left

1 - 2 Rock Right to Right side, Recover on Left.
3 & 4 Cross Right over Left, Step Left to Left side, Cross Right over Left.
5 - 6 Rock Left to Left side, Recover on Right.
7 & 8 Cross Left over Right, Step Right to right side, Cross Left over Right.

Sec.: 2. Side Together, Chasse right, Cross Rock, Chasse ¼ turn Left

1 - 2 Step Right to Right side, Step Left beside Right.
3 & 4 Step Right to Right side, Step Left beside Right, step Right to Right side.
5 - 6 Cross Left over Right, Recover on Right.
7 & 8 Step Left to Left side, Step Right beside Left, Step Left forward making a ¼ turn.

Sec.: 3. Side Together, Shuffle Back, Side Together, Shuffle Forward

1 - 2 Step Right to Right side, Step Left beside Right.
3 & 4 Step Right Back, Step Left beside Right, Step Right Back.
1 - 2 Step Left to Left side, Step Right beside Left.
3 & 4 Step Left forward, Step Right behind Left, Step Left forward.

Sec.: 4. Cross, Back, Side Right, Left, Paddle turn ¼ Left , twice

1 & 2 Cross Right over Left, Step Back on Left , Step Right to Right side
3 & 4 Cross Left over Right, Step Back on Right, Step Left to Left side.
5 - 6 Step forward on Right, Paddle turn ¼ Left (weight on Left).
7 - 8 Step forward Right, Paddle turn ¼ Left (weight on Left).

Tag: 4 count after 3rd wall – Rockin' Chair

1 - 2 Rock forward on Right, Recover on Left.
3 - 4 Rock back on Left, Recover on Right.

Note: This dance is choreographed to Tony Jackson's cover version from You Tube. But his version has not been recorded and therefore not for sale. But you can use Randy Travis' version without problems.

Thank you so much Elsebeth Skjøth for suggesting this lovely music.

Enjoy and have Fun

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