

Guilty As Hell

拍數: 32 牆數: 2 級數: Intermediate - Rolling Count
編舞者: Neville Fitzgerald (UK) & Julie Harris (UK) - November 2017
音樂: Guilty - Paloma Faith : (Album: The Architect - Deluxe)



#16 Count Intro on Vocals.

Sequence 32, 16, 32, Tag, 32, 16, 32 Tag. 32 to End.

Rock, 1/4, 1/2, 1/2, Cross, Back, Side, Rock, Recover & Cross, 1/4, 1/2, 1/4.

- 1-2a3 Rock Left to Left (prep shoulder) Make 1/4 turn to Right stepping forward on Right, make 1/2 turn to Right stepping back on Left, make 1/2 turn to Right stepping forward on Right (sweeping Left from back to front). (3.00)
- 4&a5 Cross step Left over Right, step back on Right, step Left to Left side, cross rock Right over Left.
- 6a7 Recover back on Left, step Right to Right side, cross step Left across Right.
- 8a1 Make 1/4 turn to Left stepping back on Right, Make 1/2 turn to Left stepping forward on Left, make 1/4 to Left rocking Right to Right side.

Sway, Sway, Side, Cross, Side, Behind, Behind Side Cross, 1/4, 3/8, Step, Press.

- 2-3 Sway hips to Left, sway hips to Right.
- 4&a5 Step Left to Left side, cross step Right over Left, step Left to Left side, cross step Right behind Left as you sweep Left from front to back.
- 6a7 Cross step Left behind Right, step Right to Right side, cross step Left over Right.
- 8&a1 Make 1/4 turn to Left stepping back on Right, make 3/8 turn to Left stepping forward on Left, step forward on right, press forward on Left (7.30)

Sweep, Sweep, 1/2, 1/2, 1/2, 1/8 Cross, Back, Side, Cross, Side, Tap, Tap, Side.

- 2-3 Step back on Right as you sweep Left from front to back, step back on Left as you sweep Right from front to back.
- 4a5 Make 1/2 turn to Right stepping forward on Right, make 1/2 turn to Right stepping back on Left, make 1/2 turn to Right stepping forward on Right. (1.30)
- 6&a7 Make 1/8 Left cross stepping Left over Right, step back on Right, step Left to Left side, cross Right across Left. (12.00)
- 8&a1 Step large step to Left side, tap Right next to Left, tap right next to Right (same spot), step Right to Right side.

Together, Cross, 1/4, 1/2, Sweep, Cross, Side, Rock, Cross, 1/4, 1/4.

- 2-3 Step left next to Right, cross step Right over Left.
- 4a5 Make 1/4 turn to Right stepping back on Left, make 1/2 turn to Right stepping forward on Right, sweep Left from back to front. (9.00)
- 6&a7 Cross step Left over Right, rock Right to Right side, recover side Left, cross step Right over Left.
- 8a (1) Make 1/4 turn to Right stepping back on Left, make 1/4 turn to Right stepping forward on Right. To begin dance again make 1/4 turn to Right as you rock Left to Left side prepping Left shoulder (1). (6.00)

Restart on Wall 2 & 5

Dance Up to and Including Count 7 Section 2 Then Add

- 8&a (1) Step Right to Right side, make 1/4 turn to Left stepping Left to Left side, cross step Right over Left. (Rock Left to Left)

Tag At End Of Wall 3 & 6 (These Are Done On Front Wall Facing 12.00)

Sway Sway Sway Sway

- 1-2 Sway Left, sway Right.

