

Bandung Selatan

拍數: 64 牆數: 4 級數: High Beginner
編舞者: Ella (INA) - January 2017
音樂: Bandung Selatan by Dian FK



Intro: 32 count

I. STEP SIDE, SHUFFLE FORWARD, STEP SIDE, SHUFFLE FORWARD

1,2 Step R to right side, step L next to R
3&4 Shuffle forward on R - L - R
5,6 Step L to left side, step R next to L
7&8 Shuffle forward on L - R - L

II. STEP FORWARD, ¼ TURN, CROSS SHUFFLE, ¼ TURN STEP BACK, STEP SIDE, CROSS SHUFFLE

1,2 Step R forward, ¼ turn left step on L
3&4 Cross shuffle on R - L - R
4,5 ¼ turn right Step L to back, step R to right side
7&8 Cross shuffle on L - R - L

III. ROCK SIDE, RECOVER, CROSS-SIDE-CROSS, STEP SIDE, TOGETHER, SHUFFLE ¼ TURN

1,2 Step R to right side, recover on L
3&4 Cross R behind L, step L to left side, cross R over L
5,6 Step L to left side, step R next to L
7&8 Step L to left side, step R next to L, ¼ turn left step L forward

IV. ROCK, RECOVER, COASTER STEP, SWAY

1,2 Rock R forward, recover on L
3&4 Step R to back, step L next to R, step R forward
5-8 Step L to left side and sway to L - R - L - R

V. JAZZ BOX, SHUFFLE, 1/8 TURN LEFT ROCKING CHAIR

1,2 Cross L over R, step back on R
3&4 Chasse on L - R - L
5,6 1/8 turn left rock R forward, recover on L
7,8 Step R to back, recover on L

VI. 1/8 TURN JAZZ BOX ¼ TURN CHASSE, 1/8 TURN ROCKING CHAIR

1,2 1/8 turn right cross R over L, step back on L
3&4 ¼ turn right chasse on R - L - R
5,6 1/8 turn right step L forward, recover on R
7,8 Step L to back, recover on R

VII. 1/8 TURN CROSS STEP, POINTSIDE 2X, CROSS BEHIND, STEP SIDE, CROSS SHUFFLE

1,2 1/8 turn left cross L over R, point R toe to right side
3,4 Touch R toe beside L, point R toe to right side
5,6 Cross R behind L, step L to left side
7&8 Cross shuffle on R - L - R

VIII. STEP SIDE, TOGETHER, SHUFFLE FORWARD, JAZZ BOX ¼ TURN

1,2 Step L to left side, step R next to L
3&4 Shuffle forward on L - R - L
5,6 Cross R over L, ¼ turn right step back on L

7,8 Step R to right side, step L forward.

Start from begin... Happy Fun....

Contact: ikatanlangkahdainsaindonesia2008@yahoo.co.id
