

# You Put the Shama Lama

COPPER KNOB  
BY SHEETS

拍數: 32      牆數: 4      級數: Absolute Beginner  
編舞者: Micaela Svensson Erlandsson (SWE) - November 2017  
音樂: Shama Lama Ding Dong - Ronnie McDowell



**Note: Use hips all through the dance to get the feeling of the music**

**Intro - 32 counts**

## **Section 1: Right Forward Rumba Box.**

1-2            Step right to right side. Step left beside right.  
3-4            Step forward on right. Hold.  
5-6            Step left to left side. Step right beside left.  
7-8            Step back on left. Hold.

## **Section 2: Sway. Hold. Sway. Hold. Sway. Hold. Sway. Hold.**

1-2            Step right to right side swaying right. Hold.  
3-8            Sway left. Hold. Sway right. Hold. Sway left. Hold.

## **Section 3: Slow Right Chasse. Hold. Slow left Chasse ¼ turn left. Hold.**

1-4            Step right to right side. Close left beside right. Step right to right side. Hold.  
5-6            Step left to left side. Close right beside left.  
7-8            Turn ¼ left stepping forward on left. Hold.

## **Section 4: Slow right Forward Mambo. Hold. Slow left Mambo Back. Hold.**

1-4            Rock forward on right. Recover onto left. Step back on right. Hold.  
5-8            Rock back on left. Recover onto right. Step forward on left. Hold.

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