

I Can Be A Bitch

拍數: 32 牆數: 2 級數: Low Intermediate
編舞者: Ivonne Verhagen (NL) - November 2017
音樂: I Can Be A Bitch - Elize



Dance starts on vocals

½ MONTEREY TURN, 1 ¼ TURN RIGHT (EIND WITH SHUFFLE)

1,2 RF Touch right to right side, ½ turn, right stepping RF next to LF
3&4 LF Touch to left side, Step LF next to RF, RF Touch to right side
5,6 ¼ turn right & RF stepping forward, ½ turn stepping LF back
7&8 ¼ turn right step RF side, LF close to RF, ¼ turn right & RF step forward

ROCK STEP, ½ TURN SHUFFLE, FULL TURN, WALK WALK

1,2 RF rock forward, LF recover weight on LF
3&4 ¼ turn left step LF side, RF close to LF, ¼ turn left & LF step forward
5,6 ½ turn left & RF step back, ½ turn left & LF step forward
7,8 RF walk forward, LF walk forward

PIVOT ½, TOE STRUT, FULL TURN & TOE STRUT, PIVOT ¼ LEFT

1,2 RF step forward, ½ turn left (weight end on LF)
3,4 RF touch toe forward, clap heel down
&5,6 Full turn left, LF touch toe forward, clap heel down
7,8 RF step forward, ¼ turn left (weight ends on LF)

CROSS TOE STRUT, SIDE TOE STRUT, JAZZ BOX

1,2 RF touch toe over LF, RF clap heel down
3,4 LF touch toe left side, LF clap heel down
5,6 RF cross over LF, LF step back
7,8 RF step side, LF cross over

TAG 1:

WALK, WALK, STEP OUT, HANDMOVE

1,2&3,4 RF step forward, LF step forward, RF step out, LF step out, Both hands like a cat

TAG 2 (Rhythm change in to NC2ST):

SIDE, ROCK & SIDE, ROCK & ¼ TURN RIGHT, STEP & ¾ TURN RIGHT, ROCK &

1,2&3,4& RF step side, LF rock back, recover on RF, LF step side, RF rock back, recover on LF
5,6&7,8& ¼ right & RF step forward, LF step forward, ½ turn right, ¼ turn right & LF step side, RF rock back, recover LF

SIDE, ROCK & ¼ TURN LEFT, STEP & ¾ TURN LEFT, ROCK & SIDE, ROCK &

1,2&3,4& RF step side, LF rock back, recover on RF, ¼ turn left & LF step forward, RF step forward, ½ turn left
5,6&7,8& ¼ turn left & RF step side, LF rock back, recover on RF, LF step side, RF rock back, recover on LF

TOE STRUT, CROSS TOE STRUT, SIDE ROCK & CLOSE (2X)

1,2,3,4 RF touch toe side, clap heel down, LF cross touch to over RF, clap heel down
5,6,7,8 RF rock side, recover on LF, RF step beside LF, hold
1,2,3,4 LF touch toe side, clap heel down, RF cross touch to over LF, clap heel down
5,6,7,8 LF rock side, recover on RF, LF step beside RF, hold

**** After wall 4 TAG1 (front)**
After wall 8 Tag 2 (Front)
After wall 11 (ending) Tag 1 (Back)

End of the dance.

Have Fun!

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