

Nada Sousou (EZ)

拍數: 40 牆數: 2 級數: High Beginner
編舞者: Paul Wong (CAN) - November 2017
音樂: Nada Sousou - Rimi Natsukawa
或: Watching the Sunrise With Me (陪我看日出) - Joi Chua (蔡淳佳)



Intro: 36 counts Start on vocals

Sequence: (32 Tag1), (40 Tag2), (32 Tag1), (40 Tag2 Tag3), (32), (40), (40), Ending

Sec. 1: R Step Side, L Back Rock Side, R Back Rock Together, L Hitch, L Step Back, ¼ turn R Step Side, L Together

1 big step RF to right side
2 & 3 rock LF behind RF, recover on RF, step LF to left side
4 & 5 rock RF behind LF, recover on LF, step RF together
6 hitch LF
7 & 8 step LF back, ¼ turn right step RF to right side (3:00), step LF together

Sec. 2: R fwd Lock Step, L fwd Lock Step, R fwd Rock Step Back, L Coaster Step

1 - 2 & step RF forward, lock LF behind RF (2), step RF forward (&)
3 - 4 & step LF forward, lock RF behind LF (4), step LF forward (&)
5 & 6 step RF forward, recover on LF, step back on RF
7 & 8 step LF back, step RF together, step LF forward

Sec. 3: R Step Side, L Back Rock Side, R Back Rock Together, L Hitch, L Step Back, ¼ turn R Step Side, L Together

1 big step RF to right side
2 & 3 rock LF behind RF, recover on RF, step LF to left side
4 & 5 rock RF behind LF, recover on LF, step RF together
6 hitch LF
7 & 8 step LF back, ¼ turn right step RF to right side (6:00), step LF together

Sec. 4: R Side Mambo, L Side Mambo, R Kick-ball-point, L Coaster Step

1 - 2 & rock RF to right side, recover on LF (2), step RF together (&)
3 - 4 & rock LF to left side, recover on RF (4), step LF together (&)
5 & 6 kick RF forward, step RF ball next to LF, point LF out to left side
7 & 8 step LF back, step RF together, step LF forward

****Sec. 5: Dance after Sec. 4 on wall 2, wall 4, wall 7 (all face 12:00), and wall 6 (face 6:00)**

R Step Side, L Back Rock Side, R Together, L Step Side, R Back Rock Side, L Together

1 - 2 & step RF to right side, rock LF behind RF, recover on RF (&)
3 - 4 step LF to left side, step RF together
5 - 6 & step LF to left side, rock RF behind LF, recover on LF (&)
7 - 8 step RF to right side, step LF together

Tag1 --- dance after Sec. 4 on wall 1 and wall 3 (all face 6:00, 2 counts):

Hip Sway R-L

1 - 2 step RF together and sway hip to right, sway hip to left

Tag2 --- dance after Sec. 5 on wall 2 and wall 4 (all face 12:00, 6 counts):

Hip Sway R-L, Jazz Box

1 - 2 sway hip to right, sway hip to left
3 - 4 - 5 - 6 cross RF over LF, step LF back, step RF to side, cross LF over RF

Tag3 --- dance after Tag2 on wall 4 (face 12:00, 4 counts):

Pivot ½ turn Left, Walk R fwd L fwd

1 - 2 - 3 - 4 step RF forward, pivot ½ turn left (6:00), walk forward on RF-LF

Ending --- dance after Sec. 5 on wall 7 (face 12:00, 4 counts) **dance slowly with the music beats:

Jazz Box

1 - 2 - 3 - 4 cross RF over LF, step LF back, step RF to side, cross LF over RF (Hold pose until music ends)

Contact: dancingmymusic@gmail.com
