How Did You Love

拍數: 32

級數: Intermediate

編舞者: Trevor Thornton (USA) - September 2017

音樂: How Did You Love - Shinedown

Count In: 8 cts from start of the track Notes: 2 Re--Starts Wall 4, after 8ct Wall 7, after 4 cts

[1 - 8] SAMBA ½ TURN R, TRIPLE STEP, ½ TURN SWEEP, SWEEP, SAILOR STEP

- 1 & 2 Cross R in front of L (1), Step back on L making ¼ turn to the R (&), step fwd on R making ¼ turn R (2) 6
- 3 & 4 Step fwd on L (3), Step R next to L (&), Step fwd on L (4) Re--start here on Wall 7** 6
- 5 6 ¹/₂ turn L as you step fwd on R sweeping L foot front to back (5), Step back on L as you sweep R foot front to back (6)
- 7 & 8 Step R behind L (7), Step to the L w/L (&), Step fwd on R (8) Re--start here on Wall 4** 12

[9 – 16] BALL STEP, ¾ TURN L W/A HOOK, TRIPLE STEP, ROCK, RECOVER, FULL TURN, ¼ TURN

- & 1 2 Step L to the inside of R (&), Step fwd on R (1) Hook L in front of R as you make a ³/₄ turn spiral over L shoulder to face 3:00. (2) 3
- 3 & 4 Step fwd on L (3), Step R next to L (&), Step fwd on L (4) 3
- 5 6 Rock fwd on R (5), Recover weight back to L (6) 3
- 7 & 8 & ½ turn R stepping fwd on R (7), ½ turn R stepping back on L (&), ¼ R stepping to the R w/R (8), Step L slightly to the inside of R (&). 6

[17 -24] CROSS, ¼ TURN L W/PRESS, BACK LOCK STEP, ¼ TURN R, STEPPING OUT W/ R, SWAY X2

- 1 2 Cross R over L (1), ¼ turn L pressing L fwd (2). 3
- 3 4 & Step back on R (3), Step back on L (4), Lock R in front of L (&) 3
- 5 6 Step back on L (5), ¼ turn to the R stepping out on R (6) 6
- 7 8 Sway L (7) Sway R (8) 6

Styling On counts 7, your L hand goes down and out to the L (palms facing out) , Ct 8-- Your R hand goes down and out to the R (palms facing out)

& count, your L hand comes into middle of the body (by your navel) making a fist **Ct 1: R hand comes out and over on top of L fist.**

[25 - 32] BALL CROSS, SWAY L, SWAY R, BALL CROSS, $^{\prime\!\!4}$ TURN L, $^{\prime\!\!2}$ TURN SWEEP, $^{\prime\!\!2}$ TURNING SAILOR STEP.

- &1 2 Step L to inside of R (&) Cross R over L (1), Sway L (2) 6
- 3 & 4 Sway R (3), Step L to inside of R (&), Cross R over L 6
- 5 6 1/4 turn L stepping on L (5), 1/2 stepping back on R sweeping L foot front to back (6) 9
- 7 & 8 Step L behind R (7), ¼ turn L stepping back on R (&), ¼ turn L stepping fwd on L 3

Email: TrevorT17@yahoo.com Phone: (+1) 407--590--4753





牆數:4