

Baila Conmigo

拍數: 64 牆數: 2 級數: Easy Intermediate
編舞者: Grace David (KOR) & Mayee Lee (MY) - November 2017
音樂: Baila Conmigo - DJ Elix & DJ Belly



Intro: Start after 32 counts or start at approx. 0.22 seconds - No Tag No Restart !

[1 – 8] Corta Jaca, Fwd Lock Step, ¼ Pivot to L, Botafogo

1&2& Press LF heel Fwd, Step RF in place, Press ball of LF back, Step RF in place
3&4 Step LF Fwd, Lock RF behind LF, Step LF Fwd
5- 6 Step RF Fwd, ¼ Turn to Left stepping LF on side
7&8 Cross RF over LF, Step LF on ball L side, Recover on RF 9.00

[9 – 16] Cross Rock, Side Rock, Back Rock, Side, Cross Rock ¼ Turn to R, Cross Shuffle

1&2& Cross Rock LF, Recover on RF, Side Rock LF, Recover on RF
3&4 Cross behind RF, RF Recover, LF Step Fwd slightly diagonal
5&6 Cross Rock RF, Recover on LF, ¼ Turn to R Stepping RF Fwd
7&8 Cross LF over RF, Step RF on ball behind LF, Cross LF over RF 12.00

[17 – 24] Step Lock, Fwd Lock Step, ½ Pivot to R, Botafogo

1-2 Step RF Fwd, Lock LF behind RF
3&4 Step RF Fwd, Lock LF behind RF, Step RF Fwd
5-6 Step LF Fwd, ½ Turn to R putting weight on RF
7&8 Cross LF over RF, Step RF on ball R side, LF Recover 6.00

[25 – 32] Cross Rock with hip roll, R side Chasse, Cross Rock with hip roll, Side Chasse

1 – 2 Cross Rock RF starting hip roll (clockwise), Recover on LF ending the hip roll
3&4 Step RF on R side, Step LF next to RF, Step RF to R side
5 - 6 Cross Rock LF starting hip roll (counter-clockwise), Recover on RF ending the hip roll
7&8 Step LF on L side, Step RF next to LF, step LF to L Side 6.00

[33 – 40] Forward R L to Diagonal L, R Botafogo, Walk Forward L R To Diagonal R, L Botafogo

1 – 2 Step RF to diagonal L, Step L to diagonal L 4.30
3&4 Cross RF over LF, rock LF to L, recover on RF 6.00
5 – 6 Step LF to diagonal R, step RF to diagonal L 7.30
7&8 Cross LF over RF, Step RF on ball to R side, recover on LF 6.00

[41 – 48] Cross R, Hold, L Side, R Cross, L Side, R Cross, Syncopated Volta ¾ Turn L

1 - 2 Cross RF over LF, Hold
&3&4 Step LF to L Side, Cross RF over LF, step LF to L Side, Cross RF over LF 6.00
5 – 6 ¼ turn L step LF forward(3.00), ¼ turn L step RF on ball behind LF(12.00) 12.00
7&8 ¼ turn L step LF forward(9.00), step RF on ball behind LF, ¼ turn L step LF forward 6.00

[49 – 56] Vaudeville To L & R, Bump R Hip, Together, Bump L Hip, Together

1&2& Cross RF over LF, step LF to L Side, step RF heel to diagonal R, step RF beside LF
3&4& Cross LF over RF, step RF to R, step LF heel to diagonal L, step LF beside RF
5 – 8 Touch & bump RF hip to diagonal R, Step RF beside LF, Touch & bump LF hip to diagonal L,
Step LF beside RF 6.00

[57 – 64] R Side Rock, Recover L, R Forward, Touch L With Bump, Basic Back Samba L & R

1 – 4 Rock RF to R Side, recover on LF, Step RF forward, Touch & bump LF hip beside RF
5&6 Rock LF back, recover on RF, step LF beside RF
7&8 Rock RF back, recover on LF, step RF beside LF 6.00

Ending: During wall 5 (12.00) Dance 4 counts, and step RF out, step LF out, step RF in, step LF in, Strike a Pose

Contactposhtroy2010@hanmail.net(82) 10-2059-1030 &mayeeleeyy@gmail.com
