

# More Mess

COPPER KNOB  
BY STEPHEN

拍數: 32      牆數: 2      級數: Intermediate Funky  
編舞者: Montse Garres (ES) & Miguel Angel Sanjuan (ES) - November 2017  
音樂: More Mess (feat. Olly Murs & Coely) - Kungs



Traslation by: Miguel Ángel Sanjuán "Wild West LD&CWD"

Intro: After 32 counts

[1 – 8]: SYNCOPATED SAILOR STEP R – L, PADDLE (TOTAL TURN ¼),

1 & 2      Cross R foot behind the Lf foot, open Lf foot to the Lf, open R foot to the R.

3 & 4      Cross Lf foot behind the R foot, open R foot to the R, open Lf foot to the Lf.

5&6&7&8      Turn Lf carrying four times ¼.

[9–16]: SYNCOPATED OUT-OUT & IN-IN (R – L), KILL BALL CROSS R to L, ROCK SIDE R, CROSS R to L, HELL BOUNCES (x2)

&9&10      Open R foot forward on R diagonal, open Lf foot forward on Lf diagonal, return to R foot and Lf foot

11 – 12      Kick R foot diagonally to the R, cross Lf foot forward R foot.

13 – 14      Open R foot to the R, cross R foot in front L foot.

15 & 16      Raise both heels at the same time (x2)

[17–24]: ROCK L, RECOVER, STEP L to R, ROCK RECOVER SIDE R, CIRCLE ARM UP CLOCKWISE (x3), BEHIND CROSS R to L, ½ TURN R

17 – 18 &      Open Lf foot to the Lf, return weight to the R foot and join Lf foot to the R foot side.

19 – 20      Open R foot to the R, return weight to the Lf foot.

21 & 22 & 23      Turn both arms in a circle clockwise (x3), cross R foot behind the Lf

& 24      Turn ½ to the R

NOTE: In count 23 mark with both hands to the Lf snapping your fingers and at the same time cross the right foot behind the Lf.

[25–32]: BACK SWEEPS, ROCK BACK R, RECOVER, JUMP FWD STEP DIAGONALLY R, TOUCH L, JUMP FWD STEP DIAGONALLY L, TOUCH R,

25 & 26      Walk with foot R sweeping back, walk with foot Lf sweeping back

27 – 28      Step R back, return weight Lf foot

29 – 30      Jump diagonally to the right with right foot, touch L down to R side.

31 – 32      Jump diagonally to the Lf with L foot, touch R down to L side.

START OVER

Enjoy & Have Fun!!!!

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