

No No No

拍數: 48 牆數: 4 級數: Newcomer
編舞者: Materne Georgette (FR) - November 2017
音樂: No No No - Kamaleon



Intro: 32 counts

STEP SIDE , TOGETHER, CHASSE, STEP SIDE, TOGETHER, CHASSE

1-2 RF step side R, LF together
3&4 RF step side R, LF together, RF step side R
5-6 LF step side L, RF together
7&8 LF step side L, RF together, LF step side L

MAMBO FORWARD, MAMBO BACK, FLICK, 1/2 TURN, LOCK STEP FORWARD

1&2 RF rock forward, LF recover, RF step back
3&4& LF rock back, RF recover, LF step forward, RF flick
5-6 RF step forward, LF pivot 1/2 turn R
7&8 RF step forward, LF lock behind, RF step forward

MAMBO FORWARD, MAMBO BACK, FLICK, 1/2 TURN, LOCK STEP FORWARD

1&2 LF rock forward, RF recover, LF step back
3&4& RF rock back, LF recover, RF step forward, LF flick
5-6 LF step forward, RF pivot 1/2 turn L
7&8 LF step forward, RF lock behind, LF step forward

CROSS SAMBA TWICE, 1/2 turn paddle

1&2 RF cross over, LF rock side , RF recover
3&4 LF cross over, RF rock side, LF recover
5&6& RF step forward 1/8 turn L with hips counter clockwise, RF step forward 1/8 turn L with hips counter clockwise
7&8 RF step forward 1/8 turn L with hips counter clockwise, RF step forward 1/8 turn L with hips counter clockwise

CROSS SAMBA TWICE, 1/2 turn paddle

1&2 RF cross over, LF rock side , RF recover
3&4 LF cross over, RF rock side, LF recover
5&6& RF step forward 1/8 turn L with hips counter clockwise, RF step forward 1/8 turn L with hips counter clockwise
7&8 RF step forward 1/8 turn L with hips counter clockwise, RF step forward 1/8 turn L with hips counter clockwise

* Tag / Restart wall 1 & 3

WALK, WALK, MAMBO SIDE CROSS 1/4 TURN, MAMBO SIDE CROSS, SIDE TOGETHER

1-2 RF step forward, LF step forward,
3&4 RF rock side R , 1/4 turn L, LF recover, RF cross over
5&6 LF rock side L, RF recover, LF cross over
7-8 RF step side R, LF together

Tag and Restart wall 1 & 3 after 40 counts

1-2 RF out, LF out
3-4 RF in , LF in

