

The Letter

拍數: 18 牆數: 2 級數: Improver
編舞者: Lene Mainz Pedersen (DK) - November 2017
音樂: The Letter - Jacob Dinesen : (iTunes)



Intro: Starts on lyrics

Basic R, Basic L, ½ Diamond L

1-2& Step R Long Step to R Side, Rock Back on L, Recover on R
3-4& Step L Long Step to L Side, Rock Back on R, Recover on L
5-6& Step R to R Side, Step L Back in Diagonal (10:30), Step R Back
7-8& Step L to L Side (9:00), Step R fwd to L Diagonal (7:30), Step L fwd

Basic R, Turn ¼ Sweep, Weave, Sweep, Behind, Step ¼ R, L fwd, Turn ½ L X 2

1-2& Square up to (6:00) Step R Long Step to R Side, Rock Back on L, Recover on R
3-4& Step ¼ L Step L fwd Sweeping R from Back to front (3:00), Cross R in front of L, Step L to L Side
5-6& Step R Behind L Sweeping L from front to back, Step L behind R, Turn ¼ R (6:00) Step R fwd
7-8& Step L fwd (Prep Your Body R), Turn ½ L Step Back on R (12:00), Turn ½ L Step L fwd (6:00)

Sway

1-2 Step R to R Side Sway R, Recover on L Sway L

Repeat and smile

Tag: after Wall 6 – Basic R, Basic L (12:00)

1-2& Step R Long Step to R Side, Rock Back on L, Recover on R
3-4& Step L Long Step to L Side, Rock Back on R, Recover on L

Restart: Wall 8 & Wall 10 Starts (6:00) – Restart after 16 Counts - (12:00)

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