

Mang-O-Rita

COPPER KNOB
STEPSHEETS

拍數: 48 牆數: 4 級數: Phrased Improver
編舞者: Janis Graves (USA) - October 2017
音樂: Unforgettable - Thomas Rhett



Intro: 16 counts - Sequence: AABA-Tag-AABA-AABA A

Section A: 24 counts

A1: STEP RIGHT, TOUCH, STEP LEFT, TOUCH, ¼ TURN RIGHT STEP RIGHT, TOUCH, STEP LEFT, TOUCH

- 1-2 Step R to R side, touch L next to R & clap (12:00)
- 3-4 Step L to L side, touch R next to L & clap
- 5-6 Make ¼ turn R and step R to R side, touch L next to R & clap (3:00)
- 7-8 Step L to L side, touch R next to L & clap

A2: SHUFFLE RIGHT, ¼ TURN RIGHT SHUFFLE LEFT, ¼ TURN RIGHT SHUFFLE RIGHT, ¼ TURN RIGHT SHUFFLE LEFT

- 1&2 Step R to R side, step L next to R, step R to R side
- 3&4 Make ¼ turn R stepping L to L side, step R next to L, step L to L side (6:00)
- 5&6 Make ¼ turn R stepping R to R side, step L next to R, step R to R side (9:00)
- 7&8 Make ¼ turn R stepping L to L side, step R next to L, step L to L side (12:00)

A3: ROCKING CHAIR, JAZZ BOX WITH ¼ TURN RIGHT

- 1-2 Rock R forward, recover onto L
- 3-4 Rock R back, recover onto L
- 5-8 Cross R over L, step L back, make ¼ turn R stepping R to R side, step L next to R (3:00)

Section B (Mang-O-Rita steps): 24 counts

B1: STOMP RIGHT, HOLD, STOMP LEFT HOLD, STOMP RIGHT & FAN OUT, IN, OUT, IN

- 1-2 Stomp R, hold
- 3-4 Stomp L, hold
- &5-8 Stomp R, fan R out to R side, fan R in, fan R out to R side, fan R in

B2: STOMP LEFT, HOLD, STOMP RIGHT HOLD, STOMP LEFT & FAN OUT, IN, OUT, IN

- 1-2 Stomp L, hold
- 3-4 Stomp R, hold
- &5-8 Stomp L, fan L out to L side, fan L in, fan L out to L side, fan L in

B3: JUMP FORWARD, HOLD, JUMP BACK, HOLD, JUMP OUT, HOLD, JUMP IN, HOLD

- &1-2 Jump/step forward R, L, hold
- &3-4 Jump/step back R, L, hold
- &5-6 Jump/step R out to R side, jump/step L out to L side, hold
- &7-8 Jump/step R in, jump/step L in, hold

Styling: Raise arms straight up on &1-2, bring arms down on &3-4

Place arms straight out to sides on &5-6, bring arms in on &7-8

NOTE: Mang-O-Rita Steps are done on the chorus

Wall 3 at 6:00 - Wall 7 at 3:00 - Wall 11 at 12:00

TAG AFTER WALL 4:

Rhumba Box with Shuffles

- 1-2 Step R to R side, step L next to R
- 3&4 Step R forward, step L next to R, step R forward

5-6 Step L to L side, step R next to L
7&8 Step L back, step R next to L, step L back

Contact: Janis Graves - (407) 330-7420 - dancinjan@hotmail.com
