

Sayang Via Vallen

COPPER KNOB
STEPSHEETS

拍數: 80 牆數: 2 級數: Phrased High Beginner
編舞者: Rarayanti Marwan (INA) - November 2017
音樂: Sayang - Via Vallen : (style Disco dangdut)



Sequence Of The Dance : AA BB BB BB BB BB32
Intro 16 counts - No Tag. No Restart.

PART A (16 counts)

A[1 – 8] [SIDE, RECOVER, BEHIND, SIDE, CROSS]2X

1 2 Side R on R, Recover on R,
3 & 4 Step R behind L, Side L on L, Step R across L
5 6 Side L on L, Recover on L
7 & 8 Step L behind R, Side R on R, Step L across R

A[9 – 16] FWD, REC., COASTER STEP, FWD, 1/2 PIVOT, FWD SHUFFLE

1 2 Step R Forward, Recover on
3 & 4 Step R backward, Step L back together R, Step R forward
5 6 Step L forward, ½ R Turn step forward on R
7 & 8 Step forward on L, Step R together L, Step forward on L

PART B (64 counts)

B[1 – 8] BASIC SIDE BACHATA RL

1 2 Step R side on R, Step L together R
3 4 Step R side on R, Touch L beside R and hip bump
5 6 Step L side on L, Step L together R
7 8 Step L side on L, Touch R beside L and hip bump

B[9 – 16] [SLIGHTLY DIA. BACK, RECOVER]2X, [1/8 L TURN PADDLE] 2X

1 2 Step R slightly behind L and sway R hip, Step L in place L and sway L hip
3 4 Step R slightly behind L and sway R hip, Recover on L and sway L hip
5 6 1/8 L Turn step fwd on R, Recover on L (10.30)
7 8 1/8 L Turn step fwd on R, Recover on L (09.00)

B[17 – 24] [1/8 L TURN PADDLE] 2X, CROSS, SIDE, BEHIND, TOUCH

1 2 1/8 L Turn step fwd on R, Recover on L (07.30)
3 4 1/8 L Turn step fwd on R, Recover on L (06.00)
5 6 Step R across L, Side on L
7 8 Step R behind L, touch L across R and hip bump

B[25 - 32] CROSS, SIDE, BEHIND, TOUCH, STEP, TOUCH, ¼ R TURN, TOUCH

1 2 Step L across R, Side on R
3 4 Step L behind R, touch R across R and hip bump
5 6 Step R in place across L, Touch L beside R and hip bump
7 8 ¼ R Turn step L back (WOL), touch R in front of L and hip bump (09.00)

B[33 – 40] [FWD, HOLD]2X, SWAY RLR, HOLD

1 2 Step forward on R, Hold, while shimmy2 both shoulder
3 4 Step forward on L, Hold, while shimmy2 both shoulder
5 6 Sway R, Sway L
7 8 Sway R, Hold

B[41 – 48] [BWD, HOLD]2X, SWAY LRL, HOLD

1 2 Step backward on L, Hold, while shimmy2 both shoulder
3 4 Step forward on R, Hold, while shimmy2 both shoulder
5 6 Sway L, Sway R
7 8 Sway L, Hold

B[49 – 56] JAZZ BOX, SIDE, REC., ¼ R TURN, TOGETHER

1 2 Cross R over L, Step back on L
3 4 Step R side on R, Cross L over R
5 6 Step R side on R, Recover on L
7 8 ¼ R Turn steppin back on R, step L backward together R (12.00)

B[57 - 64] FWD RL, ½ R TURN PIVOT, HOLD, FWD, HOLD, SWAY RL

1 2 Step R forward, Step L forward
3 4 ½ R Turn Pivot step funky forward on R, Hold (06.00)
5 6 Step funky forward on L, Hold
7 8 Sway R, Sway L

And start the dance again... enjoy.. have fun!

Ending, do the last wall of 32 counts, and make 1 count addition for pose, as the end of the dance. Thank you.

For info and music, contact me, Rara on email : rrvigianti@gmail.com
