

# The Older I Get

**COPPER KNOB**  
STEPSHEETS

拍數: 32      牆數: 4      級數: Easy Improver  
編舞者: Jeff Thomas (UK) - November 2017  
音樂: The Older I Get - Alan Jackson



## Start on lyrics - NO Tags OR Restarts

### R rocking chair , step 1/4 turn , cross shuffle

1 2      Rock right foot forward then recover taking weight on left foot  
3 4      Rock right foot back then recover taking weight on left foot  
5 6      Step right foot forward then turn 1/4 turn to the left  
7 & 8      Cross Right over Left then bring left foot next to right then cross Right over Left

### Side touch , side touch , step 1/4 turn , cross shuffle

1 2      Step Left to Left side then touch Right against Left  
3 4      Step Right to Right side then touch Left against Right  
5 6      Step Left foot forward then turn 1/4 turn to the right  
7 & 8      Cross Left over Right then bring right foot next to left then cross Left over Right

### Step R , 1/4 turn step back , back shuffle , rock recover , forward shuffle

1 2      Step right foot to the right then turning 1/4 turn left step left foot back  
3 & 4      Step Right foot back, Left against Right, then Right foot back  
5 6      Rock left foot back then recover taking weight on right foot  
7 & 8      Step left foot forward, right behind left then left foot forward

### Jazz box , heel step , heel step

1 2      Step Right over Left, step Left back  
3 4      Step Right next to Left then step Left slightly in front of Right  
5 & 6      Touch Right heel forward then step Right foot back next to Left  
7 & 8      Touch Left heel forward then step Left foot back next to Right

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