

Baila Reggaeton

COPPER KNOB
STYLEDANCE

拍數: 64 牆數: 4 級數: Phrased Intermediate / Advanced
編舞者: Lilian Lo (HK) - November 2017
音樂: Reggaetón Lento (Bailemos) - CNCO : (Album: CNCO - Primera Cita)



Introduction: 16 counts (0.10 mins.) A – 32 counts, B – 32 counts

Sequence: AB AB AA BB AA

Part A: 32 counts

A(1 – 8) Forward rock x 2, spot turn L, behind, side, cross

1&2 3&4 RF rock fwd (1), replace on LF (&), RF close (2), LF rock fwd (3), replace on RF (&), close LF (4)

5&6 7&8 RF step fwd (5), ½ turn L, transfer weight to LF (&), ½ turn L on LF, RF close (6), LF step behind (7), RF step to side (&), LF cross over RF (8) @12:00

A(9 – 16) Side, tap, pedal turns, close

&1&2&3&4 RF step to side (&), LF tap on side (1), LF step to side (&), RF tap on side (2), RF step to side (&), LF tap on side (3), LF step to side (&), RF tap on side (4)

5 6 7 8 Pedal turn L with weight on LF 3 times to make a ½ turn (5,6,7), RF close (8)@6:00

A(17 – 24) Out out x 2, lock step fwd x 2

1 2 3 4 LF step diagonal L fwd, place R arm across to L diagonal (1), RF step diagonal R fwd, place L arm over R to R diagonal (2), LF step on the spot, raise L arm up (3), RF step on the spot, raise R arm up (4)

5&6 7&8 LF step fwd (5), RF cross behind LF on ball of RF (&), LF step fwd (6), RF step fwd (7), LF cross behind RF on ball of LF (&), RF step fwd (8) @6:00

A(25 – 32) Spot turn R, back rock, pedal turns, close

1&2 3&4 LF step fwd (1), ½ turn R, transfer weight to RF (&), ½ turn R on RF, LF close (2), RF back rock (3), replace LF (&), RF close (4)

5 6 7 8 Pedal turn R with weight on RF 3 times to make a ½ turn (5,6,7), LF close (8) @12:00

Part B: 32 counts

B(&1 – 8) Flick, step, turn, body roll, close, side rock close x 2

&1 2 3 4 RF flick (&), RF step to side, turn upper body to 1/8 diagonal (1), turn upper body to ¼ L (2), body roll back ending with weight on RF (3), LF close, turn upper body 1/8 R (4)

5&6 7&8 RF rock to R (5), replace on LF (&), RF close (6), LF rock to L (7), replace on RF (&), LF close (8) @12:00

B(9 – 16) RF side, chest pops, LF tap, LF side, brush hair, RF tap, chasse R, ¼ L, chasse L

1&2 3 4 RF step to side, bend knees, chest pop, arms fwd (1), chest pop, arms fwd (&), LF tap next to RF (2), LF step side, bend knees, brush hair with L hand (3), RF tap next to LF (4)

5&6 7&8 RF step to side (5), LF close (&), RF step to side (6), ¼ turn (&), LF step to side (7), RF close (&), LF step to side (8) @9:00

B(&17 – 24) Repeat Count &1 to 8 of Part B

B(25 – 32) RF side, chest pops, LF tap, LF side, brush hair, hip roll

1&2 3 4 RF step to side, bend knees, chest pop, arms fwd (1), chest pop, arms fwd (&), LF tap next to RF (2), LF step to side, bend knees, brush hair (3), hold (4)

5 6 7 8 Keep legs apart, bend knees, hip roll anti-clockwise x 3 (5,6,7), draw RF next to LF, Keep weight on LF (8) @6:00

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