A Hundred Pounds of Clay



拍數: 32 編數: 2 級數: Intermediate

編舞者: Hiroko Carlsson (AUS) - September 2017

音樂: A Hundred Pounds of Clay - Gene McDaniels: (iTunes)



(Intro: Count 32/ Start on vocals)

[04] Onese Ohi	.ffl 4/01 Ones	Chuffle Cide	Ch61-	Deals Dahlad Deserves
15 11 61088 5110	JIIIE. IZL GIOS	s onunie. Side	; Snume.	Rock Behind, Recover

1&2	Cross P over I	Step L close to R	Cross P over I
IQZ	Closs R over L.	. Step L close to r	. Closs R ovel L

3&4 Turning 1/2L on right foot and cross L over R, Step R close to L, Cross L over R

Step R to right side, Step L next to R, Step R to right side

7 8 Rock/step L behind R, Recover weight on R (6:00)

[S2] Side, Behind, 1/4L, Side Rock, Recover, Cross, Side, Behind, Side Rock, Recover

1 2& Step L to left side, Step R behind L, Turning 1/4L step L fwd

Rock/step R to right side, Recover weight on L
Cross R over L, Step L to left side, Step R behind L
Rock/step L to left side, Recover weight on R** (3:00)

[S3] Cross Shuffle, 3/4L Reverse Turn, Shuffle Fwd, Fwd, Hold, &(Replace)

1&2 Cross R over L, Step L close to R, Cross R over L3 4 Turning 1/4L step R back, Turning 1/2L step L fwd

5&6 Shuffle fwd RLR

7 8& Step L fwd (7), Hold (8), Replace weight on R (&) (6:00)

[S4] Shuffle Back, Rock Back, Recover, Shuffle Fwd, Fwd, Spin w/ Hook

1&2 Shuffle Back LRL

3 4 Step R Back, Replace weight on L

5&6 Shuffle fwd RLR

7 8 Step L fwd, Make a full spin R on ball of left foot w/ R hook (weight on L) (6:00)

Restart (with step changes): Wall 3 count 16** and Wall 6 count16**

13&14 Cross R over L, Step L to left side, Step R behind L (3:00)

15 16 Rock/step L to left side, Hitch R (weight on L) and make a 1/4L turn and prep for cross shuffle

to start (12:00)

Please contact me if you have any inquiry. (hirokoclinedancing@gmail.com)

(updated: 6/Nov/17)