

Burning in Pain

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 2 級數: Intermediate
編舞者: Hiroko Carlsson (AUS) - November 2017
音樂: Burnin' in Pain - The Adams Brothers : (iTunes)



(Intro: 3 count / Start on vocals)

[S1] Twinkle, Twinkle 1/2R, Twinkle, Cross, Side

1 2a Step left over R, Step right beside L, Step left beside R
3 4a Step right over L, Turning 1/4R step left beside R, Turning further 1/4R step right beside L
(6:00)
5 6a Step left over R, Step right beside left, Step left beside R
7 8 Cross right over L, Step left to L side (6:00)

[S2] Back w/ Sweep, Behind, Side, Fwd w/ Sweep, Cross, Side, Touch Back, Unwind 1/2R, 1/2R Back, Rock Back-Recover

1 2a Step right back with sweep L, Step left behind R, Step right to R side
3 4a Step left fwd with sweep R, Cross right over L, Step left to L side
5 6a Touch right toe behind L, 1/2R unwind weight on right, Turning 1/2R step right back
7 8 Rock/step right back, Recover weight on left (6:00)

[S3] 2x Fwd w/ Sway Sway, Step Pivot 1/2L, Triple Turn 3/4R

1 2a Step right fwd w/ sway fwd, Sway back on left foot, Recover weight on right
3 4a Step left fwd w/ sway fwd, Sway back on right foot, Recover weight on left
5 6 Step right fwd, Turning 1/2L weight recover on left prep for triple turn (12:00)
7a8 Stepping right fwd and make a 1/4R turn, turning 1/4R step left beside R, Turning 1/4R step right next to L (9:00)

[S4] Rock Fwd-Recover, &, Rock Back-Recover, &, Step Pivot 3/4R, Side, Together

1 2a Rock/step left fwd, Recover weight on right, Step left together
3 4a Rock/step right back, Recover weight on left, Step right together
5 6 Step left fwd, Turning 3/4R weight ends on R
7 8 Step left to L side, Step right together (6:00)

No Tag No Restart

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