

No, No, No

COPPER KNOB
BY STEPHEN HETS

拍數: 32 牆數: 4 級數: Easy Intermediate
編舞者: Hiroko Carlsson (AUS) - November 2017
音樂: No, No, No - The Chanters : (iTunes)



(Intro: Count 17 / Start on vocals)

[S1] Rock Fwd- Recover, Coaster Step, Shuffle Fwd LR

1 2 Step R fwd, Recover weight on L
3&4 Step R back, Step L next to R, Step R fwd
5&6 Shuffle Fwd L-R-L
7&8 Shuffle Fwd R-L-R (12:00)

[S2] Step 1/2R Pivot, Full Turn, Reverse Turn, Fwd, Fwd

1 2 Step L fwd, Turning 1/2R weight on R
3 4 Turning 1/2R step L back, Turning 1/2R step R fwd
5 6 Stepping L fwd and make a 1/2L turn, Stepping R back and make a 1/2L turn
7 8 Step L fwd, Step R fwd **(6:00)

[S3] Step 1/4R Paddle, Heel Jack, &, Cross, Side, Sailor 1/4R Fwd

1 2 Step L fwd, Turning 1/4R weight on R (9:00)
3&4& Cross L over R, Step R to right side, L heel diagonally fwd, Step L beside R
5 6 Cross R over L, Step L to left side
7&8 Make a 1/4R turn stepping R behind L, Step L beside R, Step R fwd (12:00)

[S4] Rocking Chair, 1/4R Side Hop-Together, Side Hop-Touch Together, Rock Back- Recover

1 2 Step L fwd, Recover weight on R
3 4 Step L back, Recover weight on R (prep for 1/4R hop to left side)
&5&6 Turning 1/4R L hop to left side, Step R together, L hop to left side, Touch R together weight on L
7 8 Step R back, Recover weight on L (3:00)

Restart: Wall 6 count 16(with one count Tag)**

13 14 Stepping L fwd and make a 1/2L turn, Stepping R back and make a 1/2L turn (9:00)
15 16 Step L fwd, Stepping R fwd w/ Hitch L make a 1/4R turn (12:00)
*17 Cross L over R (12:00)

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(Updated: 6/Nov/17)