

Just For Kicks

COPPER KNOB
STEPSHEETS

拍數: 80 牆數: 0 級數: Phrased Novice / Intermediate
編舞者: Todd Lescarbeau (USA) - November 2017
音樂: Feel It Still - Portugal. The Man



Dance Sequence : A, BB, A, BB, AA, CC, BBB

This is a fun little line dance that you can do either in lines facing forward, or as a contra dance!

Section A (32 counts)

A[1 – 8] Diagonal Steps, Claps

1, 2 Step forward on diagonal R with R. Touch L beside R with Clap
3, 4 Step L back on diagonal L with L. Touch R beside L with Clap
5, 6 Step back on diagonal R with R. Touch L beside R with Clap
7, 8 Step forward on diagonal L with L. Touch R beside L with Clap

A[9 –16] Grapevine Right, Brush, Grapevine Left with ¼ Turn L, Brush

1,2,3,4 Step R foot to R, L steps behind R, R steps to R, Brush L foot forward
5,6,7,8 Step L foot to L, R step behind L, Step to side L as you turn ¼ Left, Brush R foot forward

A[17 – 24] Jazz Box Crossing R, Brush, Jazz Box Crossing L, Together.

1,2,3,4 Cross step R over L, Step Back on L, Step side R on R, Brush L
5,6,7,8 Cross step L over R, Step back on R, Step side L on L, Step R beside L

A[25 – 32] Heel-Toe Swivels R, Clap, Heel-Toe Swivels L, Clap

1,2,3,4 Slide both heels to R, Slide toes to R, Slide Heels to R, Clap
5,6,7,8 Slide both heels to L, Slide toes to L, Slide Heels to L, Clap

Section B (32 counts)

B[1 – 8] Shuffle Right, Rock Back, Recover, Kicks

1&2, 3,4 R step to R, Quickly step L beside R, R steps to R, Rock back onto L, Recover onto R
5&6&7&8 Kick L forward, Step down on L & Kick R forward, Step down on R & Kick L forward, Step
down on L & Kick R forward.

B[9 – 16] Rock Forward on R, Recover, Shuffle Back, Toe-Struts

1, 2, 3&4 (from kick position), Rock forward onto R, Recover onto L, Step back on R, quickly step L
Beside R, Step back on R
5,6,7,8 Step Back on toe of L (raise L arm up as if doing a back stroke swim (5), drop L Heel (6) Step
back on toe of R (raise R arm up as if doing a back stroke swim (7), drop R heel (8)

****Option Instead of doing toe struts, you can do 2 small hops back while doing back stroke swim motion.**

B[17 – 24] Step, Single Foot Heel-Toe-Heel Swivel, Step, Single Heel-Toe-Heel Swivel

1, 2,3,4 Step side L and slightly back (1), Slide R Heel in to L(2), then Toe (3), then Heel (4)
5,6,7,8 Step side R and slightly back (5), Slide L Heel in to R (6), then Toe (7), then Heel (8)

B[25 – 32] "Pulp-Fiction" Sways

1,2,3,4 Sway and lean to R, R arm bent at elbow palm face forward Two fingers extended. Start with
Hand at eye level, pulling arm outward (for counts 2,3,4)
5,6,7,8 Sway and lean to L, L arm bent at elbow, palm face forward Two fingers extended. Start with
Hand at eye level, pull arm outward (for counts 6,7,8)

Section C (16 Counts)

C[1 – 8] Step-Lock, Step, Brush, Step-Lock, Step, Brush

1,2,3,4 Step forward on R, Lock L behind, Step forward on R, Brush L forward
5,6,7,8 Step forward on L, Lock R behind, Step forward on L, Brush R forward

C[9-16] Step Forward, Hold, ¼ Pivot Turn, Hold, Step Forward, Hold, ¼ Pivot Turn, Hold

1,2,3,4 Step forward on R (1), Hold 1 beat (2), Pivot ¼ to L (3), Hold 1 beat (4)

5,6,7,8 Repeat Step, hold, turn, hold.

Contact Email: Todd_lescarbeau@yahoo.com (413) 824-6612.
