

EZ Footloose

拍數: 32 牆數: 4 級數: Easy Intermediate
編舞者: Margaret Murphy (AUS) - October 2017
音樂: Footloose - Kenny Loggins



#88 count intro. 3 Restarts

[1-8] Grapevine Right, Grapevine Left

1-4 Step R to R, step L behind R, step R to R, touch L next to R
5-8 Step L to L, step R behind L, step L to L, touch R next to L (12.00)

[9-16] Right Hips FF, Left Hips BB, Hips R,L,R,L, FBFB

1-4 Bump R hips Forward, forward, Left hips back back
5-8 Bump hips Forward, Back, Forward, Back (12.00)

[17-24] Heel Struts, Right, Left, Right, Left

1-4 Place R heel forward, drop Right toes, Left heel forward, drop left toes
5-8 Place R heel forward, drop Right toes, Left Heel forward, drop Left toes

[25-32] Stomp, Stomp. Kick, Kick, ¼ Right Jazz Box

1-4 Stomp Right foot next to Left twice, kick Right foot forward twice
5-8 Cross Right in front of Left, turning ¼ turn right, step back onto Left, step R to R, Step Left next to Right (3.00)

RESTART 1: Wall 6 , you will be facing 3.00. dance to count 12,

RESTART 2: Wall 9, you will be facing 9.00, dance to count 24, 4 heels struts. RESTART 3: Wall 14, you will be facing 9.00, dance to count 20, 2 heel struts

Finish, You will be facing 9.00, do 2 heel struts fwd, 1 heel strut 1/4 right, stomp Left together. 12.00

Enjoy.

Last Update – 4th Nov. 2018